

**LEGACY EMANUEL HOSPITAL AND HEALTH CENTER**

**DBA LEGACY EMANUEL MEDICAL CENTER**

**COMMUNITY NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGIES PLAN**

**2011/2012**

## CONTENTS

|                                                                    | <u>Page</u> |
|--------------------------------------------------------------------|-------------|
| I. Introduction                                                    | 1           |
| II. Community Profile                                              | 2           |
| A. Service Area                                                    |             |
| B. Population                                                      |             |
| C. Racial and Ethnic Diversity                                     |             |
| III. Health Status/Health Outcomes                                 | 3           |
| A. Mortality                                                       |             |
| B. Morbidity                                                       |             |
| IV. Health Factors                                                 | 4           |
| A. Social and Economic Factors                                     |             |
| B. Health Behaviors                                                |             |
| C. Clinical Health Care                                            |             |
| D. Physical Environment                                            |             |
| V. Stakeholder Assessment                                          | 10          |
| VI. Conclusion                                                     | 12          |
| VII. Action Plan                                                   | 12          |
| VIII. Exhibits                                                     | 14          |
| 1. Demographics                                                    |             |
| 2. Demographics by Race and Ethnicity                              |             |
| 3. Mortality and Morbidity Rates                                   |             |
| 4. Mortality and Morbidity Rates by Race and Ethnicity             |             |
| 5. Social Economic and Environment Determinant Factors             |             |
| 6. Social Economic Determinant Factors by Race and Ethnicity       |             |
| 7. Clinical Care and Behavior Health Factors                       |             |
| 8. Clinical Care and Behavior Health Factors by Race and Ethnicity |             |
| 9. Sources                                                         |             |
| IX. Appendices                                                     | 28          |
| A. Community Health Characteristics Most Important                 |             |
| B. Community Health Greatest Needs/Issues                          |             |
| C. Health Care and Public Health Greatest Needs/Issues             |             |
| D. Hospitals' Roles                                                |             |
| E. Health Needs Ranked by Priority                                 |             |
| F. Interviewees                                                    |             |

## INTRODUCTION

Legacy Emanuel Medical Center was founded in 1912 by two Lutheran congregations and is located within a high-density geographic area in inner city Portland, Oregon. Rich in character, both North and Northeast Portland are diverse urban areas that are distinct and unique to the city. The historically African American neighborhoods surrounding the hospital are changing due to the increase in housing prices, i.e., the community is now mixed and the African American community is more widely spread throughout the metropolitan area.

Legacy Emanuel is a member of Legacy Health, a five hospital system established in 1989 by the merger of two nonprofit systems in metropolitan Portland Oregon. Included within Legacy Emanuel is the Randall Children's Hospital—one of two Children's hospitals in Oregon and SW Washington. Legacy's mission is "Good health for our people, our patients, our communities, our world." Consistent with this mission, in fiscal year 2011 Legacy Emanuel provided \$36.0 million in charity care; total unreimbursed costs of care for people in need amounted to \$89.3 million. Legacy Emanuel provides the greatest amount of charity care of all hospitals in the metro area.

Legacy Emanuel is committed to multi-year partnerships with various community organizations that are located directly on the hospital's campus. In-kind support of space, telephones and other services (at no charge) enables them to focus on their missions and services to the community. In addition, the Ronald McDonald House was built on the Emanuel campus on land donated a decade ago.

In 2004, Legacy gave the African American Health Coalition a building valued at \$1.6 million; the \$80,000 annual rent from this building will provide financial sustainability to the African American Health Coalition for the future. The African American Coalition is a culturally specific organization dedicated to reducing health disparities between African Americans and non-Hispanic whites in our local community; they have been recognized as a national model for their innovative and effective programs.

A model developed by the University of Wisconsin provides a rubric for examining the many factors contributing to a community's health. The four groups of factors are social and economic, health behaviors, clinical care, and physical environment. Aligned with these factors, the Legacy Emanuel Community Needs Assessment 2011 addresses issues key to the health of a community beyond the health care delivery system. The purpose of this Community Needs Assessment is to determine the priority factors influencing the health of the community and to identify how Legacy's resources and expertise can be matched with external resources to optimally address those issues. The community is defined as the primary service area (five mile radius).

Quantitative secondary data for this analysis is focused on demographic characteristics, health factors, and health outcomes derived from a review of national and local research. Data is the most recently available—years range from 2007 to 2010. Data at the primary service area level is used when available, followed by county (Multnomah) and Oregon state in order of preference and availability. Race and ethnicity data is most commonly available only at the county and/or state level.

Qualitative research consists of interviews conducted by leadership with 65 elected officials (state, county and city) and public sector (public health, human services), faith, business and community members. Interviews occurred between August 2010 and January 2011. The exhibit lists interviewees, by title and organization and identifies those with expertise in public health and/or with the medically underserved, low-income and/or communities of color populations.

Exhibits and Appendices provide data detail, sources and needs.

## **COMMUNITY PROFILE**

### **Service area**

Legacy Emanuel is located in one of the oldest neighborhoods in Portland--inner north Portland across the river slightly north of downtown. The five mile primary service area extends from the Columbia River in the north to south of Highway 99E in the south and from Walker Road in the west to NE/SE 82nd in the east. The service area includes the close-in neighborhoods of Boise/Eliot, Kenton and Piedmont, St. Johns, Irvington, Alameda, and Lloyd District/ Sullivan's Gulch, Rose City and Laurelhurst. The Community Needs Assessment uses Multnomah County data as it covers the five mile service area when five mile data is not available. Zip codes for the five mile area include: 97201-97205, 97207-97209, 97210-97215, 97217-97219, 97221, 97225, 97227, 97229, 97232, 97239.

### **Population**

In November 2010, the Portland State University (PSU) Population Research Center reported the Oregon metro area tri-county population at 1,644,535 residents; with Clark County, the four county area was 2,080,926.

The primary service area included 443,503 people in 2010; projected.5 percent annual growth between 2010 and 2015 is the lowest of Legacy Health hospital service areas. County rankings in the metro are shifting. In 1960, 59 percent of the population lived in Multnomah County; by 2008, it was only 33 percent.

Median age was 37.8 years in Oregon in 2009. Multnomah County was 36.9 years.

### **Racial and ethnic diversity**

By ethnicity, in 2010 the Legacy Emanuel primary service area was 74.1 percent non-Hispanic white, 8.6 percent Hispanic, 6.6 percent African American 5.9 percent Asian, 3.4 percent bi-racial and .7 percent Native American. A recently published Coalition of Communities of Color Report showed that communities of color nearly doubled as a percent of population between 1990 and 2008 in Multnomah County.

The African American/Black population continues to be most concentrated in the historical neighborhoods of North/Northeast Portland, but increased housing prices have resulted in the community moving increasingly to East Multnomah County. Multnomah County continues to have triple the percentage population of African Americans as the other three counties and the majority remain in the Legacy Emanuel immediate neighborhoods.

The service area is drawing Hispanics moving into the service area at a higher rate than any other group (more than doubling in numbers in the past 15 years). Additionally, they have a higher birth rate than other communities of color. The Hispanic population accounts for about one-fifth of the births in Oregon and Washington, while they make up just one-tenth of the population. Between 1995 and 2004 babies born to Hispanic mothers increased 67 percent. It is projected that communities of color will make up the majority of the Oregon population by 2040, and that 25 percent of the population will be Hispanic.

The Portland Native American community is the ninth largest Indian urban population in the US. With a child poverty rate of 46% and 70% unemployment rate in 2009, the Native American community struggles across multiple indicators in contrast to the non-Hispanic white community.

The immigrant and refugee population is increasing significantly in the region. Nearly one-third of these populations arrived after 1995 and half have arrived since 1990. Recent immigrants and refugees are more likely to be culturally and linguistically isolated. A small but increasing African refugee population has settled primarily in North and NE Portland and is distinct from the African American/Black population. Available data suggests that in general, the African population is generally poorer than other communities.

Census numbers do not adequately represent the true and changing picture. More than 100 languages are spoken in the Portland public schools. Schools near Legacy Emanuel are 40 to 70 percent children of color, primarily African-American and increasingly Hispanic. With this, schools are experiencing 50 percent English-as-a-Second-Language and 50-80 percent reduced-cost or free lunch rates.

While the area's population is growing slowly, its composition is changing. Legacy Emanuel's service area is experiencing increases in demographics that have lower income levels, less education, lower health status, and lower health literacy.

## **HEALTH STATUS/HEALTH OUTCOMES**

The health status of the area can be analyzed using both vital statistics and accepted indicators of health status.

### **Mortality**

The Crude Death Rate and Age Adjusted Death Rate in Oregon were greater than the national average in 2007. County level age adjusted death rates showed Multnomah County to be much higher than the state rate. Premature death rates were aligned in a similar pattern.

The most common causes of mortality in Oregon is consistent with the national most common disease deaths—heart and cancer. In 2006 Multnomah County experienced the highest rate among the four metro counties both in cancer and heart deaths.

Infant mortality is an accepted indicator of a community's health status. In 2006 Multnomah County was higher than the state rate and the highest among the four metro counties—6.3/1000 compared to the state's 5.7. The non-Hispanic white rate was 4.9/1000 relative to the 7.3 communities of color rate. Native Americans were the highest at 9.8 followed by African Americans at 8.6.

### **Morbidity**

A community's health morbidity statistics commonly include those diseases most related to high mortality (heart, cancer and low birth weight), chronic conditions such as cardiovascular disease, diabetes and asthma and self-reported health and mental health status (the latter have been statistically validated as predictors of community health status). Individuals with multiple chronic diseases often also experience other risk factors such as obesity and smoking, and use health care services to a greater degree.

The economic cost of racial and ethnic disparities is significant. The Urban Institute reports the estimated national cost of racial and ethnic disparities for African Americans and Hispanics in 2009

(calculated based on change in expenditure if the cohort's age specific prevalence rates were the same as non-Hispanic whites) was \$23.9 billion.

### ***Low birth weight***

Low birth weight is correlated to adult morbidity, specifically hypertension, diabetes and heart disease. In 2007 Multnomah County's low birth weight was 6.1 percent. While African American and Hispanic women had prenatal care in the first trimester in similar percentages, African Americans had double the rate of low birth weight babies (and infant mortalities) as Hispanic women. Hispanic women's low birth weights and infant mortality rates were equal to non-Hispanic whites at the state level even though prenatal care percents were over 12 percentage points less. This information is consistent with national data.

### ***Heart disease***

Major risk factors for heart disease are smoking, lack of physical exercise, hypertension and overweight/obesity. In 2006, the cost of hospitalizations in Oregon for heart and stroke totaled more than \$1.2 billion. As with heart disease mortality, communities of color experienced the greatest morbidity rates. In 2009, age adjusted coronary heart disease prevalence in Oregon was 4 percent for African Americans, 8 percent for Native Americans, 4 percent for Asian/Pacific Islanders and 2 percent for Hispanics compared to 4 percent for non-Hispanic whites. The prevalence of hypertension among Oregonians has been stable the last few years while the prevalence of high cholesterol increased.

### ***Cancer***

Oregon, US and Multnomah County cancer incidence per 100,000 in 2007 were within significant differences of each other—about 466. National Cancer Institute data not detailed here showed Hispanic and Asians with the lowest rates among races and ethnicities.

### ***Diabetes***

Diabetes is increasing at an alarming rate. The prevalence in Oregon is 35 percent higher than ten years ago. People with diabetes are more likely to also have heart disease and self-report their general health as fair or poor as compared to good or excellent. Diabetes prevalence was 7.3 percent in Multnomah County as compared to 6.9 percent in Oregon in 2008. The elderly are more likely to have diabetes (15 percent of Oregonians 65 years and older) as are low income persons. Diabetes is more prevalent in communities of color. Percents in Oregon in 2005 were: African Americans (13 percent), Native Americans (12 percent), Hispanics (10 percent) and Asians (7 percent) non-Hispanic whites (6 percent). According to studies, communities of color are also more likely to have diabetes-related complications at two to four times the rate of non-Hispanic whites. This is seen as due to poorer control of the disease and co-morbidities, i.e., high blood pressure and cholesterol, as well as poorer access to care.

## **HEALTH FACTORS**

The previous section outlined the current health status of the area. In this section, we examine the factors that lead to that status. A community's health is the product of many different factors. A model developed by the University of Wisconsin provides a useful rubric for examining them. The four groups of factors are Social and Economic, Health Behaviors, Clinical Care, and Physical Environment. This section of this report is arranged according to these factors. The following chart shows the factors and the percentage impact they are thought to have on community health status:

|                      |            |
|----------------------|------------|
| Social and Economic  | 40%        |
| Health Behaviors     | 30%        |
| Clinical Care        | 20%        |
| Physical Environment | <u>10%</u> |
|                      | 100%       |

## **Social and economic factors**

Social and economic determinants include education, health literacy, employment, income, housing and community involvement.

### ***Education***

Education is often cited as the key to upward social and economic mobility for individuals and, in turn, a community's health status. Research has concluded that if Americans without a college degree experienced the lower death rates and better health of college graduates, the improvements in health status and life expectancy would be more than \$1 trillion annually.

The 2009 the high school graduation rate of individuals 25 and older in Multnomah County (89.0 percent) was equal to the state average; the college degree rate at 39.1 percent for people 25 years and older was 10 percentage points better than the state average. Again, disaggregation reflects distinct differences among ethnicities and races. Non-Hispanic whites have a 7 percent chance of not completing high school compared to 33 percent for communities of color. The difference lies not only in high school completion, but earlier—for those with less than any high school at all. For those getting to high school, the difference in completion is about two percent. But the difference of those achieving less than high school is 29.8 percent among communities of color compared to 6.7 percent for non-Hispanic whites. Multnomah County college completion rates are: 40.2 percent for non-Hispanic whites, 34.9 percent Asians, 18.1 percent for African Americans, 15.7 percent for Native Americans, and 14.5 percent for Hispanics. The large percent of communities of color having less than high school negatively impacts higher achievement percentages.

The combination of disparities in educational achievement among race and ethnic cohorts and the increasing diversity of the total population are resulting in the younger current generation not meeting prior generation rates of high school and college completion.

Gaps in achievement begin in early childhood. Children entering first grade without school readiness skills continue to be behind throughout school. Children of racial and ethnic diversity are more likely to enter school lacking these skills. With the increasing diversity in the service area, the overall graduation rate will continue to decline.

### ***Health literacy***

Health literacy is linked to functional literacy – reading, writing, arithmetic – but also includes a social dimension. It is the ability to obtain, process and understand health information in order to make appropriate health decisions and practice positive health behaviors. The National Patient Safety Foundation has said that no other single factor has as great an influence on health status, and studies have determined that health care utilization and expenditures are far greater in the presence of low health literacy.

Nearly half of the US adult population has low health literacy. Low health literacy is a quality and cost issue for patients and society. Patients with low health literacy are less likely to comply with treatment, are less likely to seek preventive care, and enter the health care system sicker. Patients with low health literacy are twice as likely to be hospitalized. Annual health care costs for people with low health literacy are four times higher. The economic burden of low health literacy has been variously estimated to be \$106-238 billion annually. Higher illness rates mean lower productivity at

work, and poor parental health often results in low student school attendance – with a direct correlation to lower educational achievement. Evidence points to low health literacy as a significant cause of low patient compliance, which in turn is correlated with provider dissatisfaction. Patients out of compliance have a lower quality of care and lower quality of life.

We do not have local data on low health literacy, but nationally research has shown that specific populations are particularly at risk:

- Hispanic, African American, and Native American populations
- Recent immigrants
- People age 65 and older

The growth of communities of color in the area will present significant challenges to health care providers by increasing the prevalence of low health literacy. If the number of insured people is increased by health care reform, the bulk of the newly insured will be from those populations most at risk for low health literacy: minorities and the poor. Unlike many modifiable health behaviors, the onus for dealing with health literacy falls primarily on health care providers.

### ***Employment/income***

Educated workers attract higher wage businesses to the community. Higher wage jobs mean higher worker benefits and disposable incomes. Employment is correlated to levels of income, family and support systems and community safety. When these factors are jeopardized, health status is challenged.

Oregon has particularly suffered in the current recession, ranking second in national unemployment at times. In 2009 Oregon had an unemployment rate of 11.8 percent as compared to the US's 9.9 percent. Multnomah County was just barely under the state average at 11.5 percent.

Oregon's median household income in 2009 was \$48,475. Multnomah County showed a higher median household income than the state. Race and ethnic cohorts varied greatly. Communities of color earn half the incomes of non-Hispanic whites in Multnomah County. Incomes were the highest for non-Hispanic whites and lowest for Native Americans—a \$28,000 difference. African Americans were just \$5,000 higher than Native Americans. In contrast, Asians were just \$3,000 less than non-Hispanic whites.

Poverty is highly correlated to poor health. Persons with lower incomes are more likely to have chronic diseases, higher acuity illness, disability and premature death. Low income individuals are much more likely to self-report themselves (and their children) as being in poor or fair health compared to people with increased incomes.

Oregon all ages poverty revealed race and ethnic Hispanic and Native American at double and African American at nearly triple that of non-Hispanic whites. In Multnomah County in 2008, the rate of under 18 years poverty was 12.5% for non-Hispanic white children and 33.3% for children of color. Households headed by females are even more at risk for poverty. In Oregon in 2008, more than 50 percent of Hispanic families headed by females were at poverty level compared to one-third of non-Hispanic white families headed by females.

Poverty is increasing with the distinct shift in employment industries—moving from manufacturing and resources (lower-skilled employees with higher paying jobs) to service sector (lower wage jobs). Jobs paying less than \$30,000 annually have accounted for 63 percent of all net job growth since 2000. Nearly sixty percent of families living below the federal poverty line have a household member who works and 14 percent have a full-time year-round worker.

### ***Housing***

Home ownership is considered a significant contributor to long-term stability and, in turn, positively correlated to education achievement and better health status and income. Among the four metro counties, Multnomah shows the lowest home ownership rate at 54.9 percent in 2009--nearly ten percentage points lower than the state. Race and ethnic differences are apparent. In 2008, home ownership in Multnomah County was 62 percent for non-Hispanic whites as compared to 45 percent for communities of color—nearly a 40 percent difference. In 2009 in Oregon, 70.9 percent of non-Hispanic whites owned homes as compared to 48.0 percent Hispanics, 44.5 percent African Americans, 54.6 percent Native Americans and 59.0 percent Asians/Pacific Islanders.

The national standard is that renters should not pay more than one-third of their income in rent. Oregon is ranked third in most unaffordable rental markets in the nation. In 2009 42.4 percent of renters in Multnomah County fell into this category. Multnomah County also ranked highest among the four metro counties in all poverty, children in poverty and unemployment.

### **Health behaviors**

Individual behaviors account for the second greatest weighting among Health Factors. Risk factors such as obesity, tobacco use and substance abuse are each significant contributors to mortality and morbidity.

### ***Obesity***

Obesity is now considered among the top public health issues in the country. Reduced physical activity, convenience, and fast foods have doubled the rates in adults in the last two decades. In Oregon in 2009, nearly 60 percent of adults were overweight or obese and about 25 percent were obese. Multnomah County showed 20.5 percent of adults to be obese. Obesity has consequences beyond the condition itself. It is a leading risk factor for diabetes, hypertension, heart disease, stroke and other diseases.

The increasing prevalence of childhood overweight and obesity is of concern. It results in increased risk of chronic disease, asthma, respiratory problems, orthopedic conditions and being overweight or obese in adulthood. Centers for Disease Control research reports that the prevalence of childhood obesity tripled nationally between 1976 and 2008—from 5.5 percent to 16.9 percent. Adding in the percentage that was overweight, nearly 50 percent of children were overweight or obese nationally in 2008. While all age cohorts increased rates, teens increased the most. One measure of the effect of obesity on health and health care costs is the projection that one third of all children and 50 percent of children of color born in 2000 will acquire Type 2 diabetes.

### ***Tobacco use***

Smoking is considered one of the two most prominent individually based risk factors for disease and the most preventable cause of death and disease. Smoking is correlated to cardiovascular disease and cancers including lung, cervix and bladder. Adults with three or more chronic diseases are three times more likely to have smoked or be current smokers.

Oregon adult smoking prevalence decreased 19 percent and 11<sup>th</sup> grade smoking 20 percent over the past ten years due to state prevention efforts, higher cigarette taxes and bans on smoking in public places. The state's adult smoking rate in 2009 was 19 percent and Multnomah County was 20 percent. Still, these rates are unacceptably high.

### ***Teen births***

Teen birth is one of the most powerful predictors of poverty. Teen birth rates (ages 15-19 years) are decreasing--in Oregon by over a third between 1991 and 2006. In 2006, Multnomah County was the highest among the four metro counties and 15 births greater than the national target of 24/1000. Race and ethnicity data showed significant differences in 2007 in Oregon. Ranked in order from

lowest to highest—Asians: 15, non-Hispanic whites: 27, Blacks: 44, Native Americans 54 and Hispanics 93. Thus, there was a 75 birth per 1000 teen difference between Asians (lowest) and Hispanics (highest). State level trending data is not available, but the Guttmacher Institute reported nationally that teen pregnancies fell in all race and ethnicity cohorts between 1990 and 2005: non-Hispanic whites—50 percent decrease, Blacks 45 percent decrease and Hispanics 26 percent decrease.

## **Clinical health care**

### ***Health care services***

The Legacy Emanuel Medical Center five mile primary service area includes four other tertiary hospitals including two trauma 1 centers—one of which is Legacy Emanuel. Providence Health and Services operates one hospital about five miles west of Legacy Emanuel and the other three miles southeast. The last tertiary and other trauma 1 center is OHSU which is also site of the only medical school in Oregon. Two full-service children's hospitals are within two of the hospitals' licenses—including Randall Children's Hospital at Legacy Emanuel. Kaiser Permanente formerly sited a hospital about a mile north of Legacy Emanuel; although no longer the location of a hospital, Kaiser maintains a strong clinic presence in the area.

The primary service area includes two Medically Underserved Areas (MUA): St. Johns community and SE Portland. With the long-standing income disparities in the Legacy Emanuel area, safety net services have expanded in the last decade. Multnomah County Health Department operates FQHCs in Northeast and Southeast Portland. Two blocks from Emanuel is the site of a NARA (Native American Rehabilitation Association) FQHC. Five years ago a nonprofit volunteer based safety net clinic opened one mile from the hospital; it is dedicated to providing primary care for uninsured low income residents, primarily African American, from the immediately surrounding zip codes. Providence Medical Group operates a clinic about a mile north of Emanuel bordering on the medically underserved area.

A local nonprofit, Project Access NOW, links uninsured low income individuals to providers and health system services providing services at no charge. All of the health systems in the metro area are very involved with this program and Legacy Health, in addition to providing clinical services, provides and cash donation and office space to the administrative offices of Project Access NOW in-kind. Legacy Emanuel's internal medicine residency program operates a teaching clinic and a midwifery clinic serving the low income and often uninsured.

### ***Services to those in need***

Legacy Emanuel's charity care policy includes patients with incomes up to 400 percent of the Federal Poverty Level. Eighty percent of uninsured patients do not pay anything and 15 percent pay a small portion of their bill. In FY 11, Legacy Emanuel provided \$36.0 million in charity care and \$89.3 million in total unpaid costs of care for those in need.

Catholic Healthcare West and Thomson Reuters developed the Community Needs Index (CNI), a tool that produces a composite picture of needs using a variety of demographic and socio economic indicators. The five areas measured are Income, Culture (Race, Ethnicity, Language), Education, Insurance and Housing. The tool has been validated by comparing it with hospital admission rates. Admission rates for highly needy communities as measured by the CNI are more than 60% greater than communities with the lowest indices. The CNI is increasingly being used as the national standard in identifying communities with health disparities and comparing relative need.

Comparison of Legacy top self-pay zip codes by dollars and cases shows consistency with CNI mapping. Nine zip codes accounted for 28.4% of Legacy self-pay (generally free) care dollars in FY 10, or \$48.8 million, and all score in the upper ranges of the CNI. The locations of two of the top four are directly north of Legacy Emanuel in St. Johns (97203 and 97217). The third is located in

the heart of Legacy Good Samaritan's neighborhood (97209) directly across the river from Legacy Emanuel. This type of mapping allows for highly selective targeting of initiatives to areas where they are needed most.

### ***Access to care***

Lack of access is correlated with increased rates and severity of chronic diseases, hospitalizations and mortality. Access is influenced by a number of factors: health insurance, proximity to services, transportation, income, culture, language, and provider acceptance of uninsured, Medicaid and Medicare patients.

The poor and communities of color have a disproportionate impact from lack of access to care. The Agency for Healthcare Research and Quality reports that Hispanics receive worse care across 60 percent of core quality measures. The Robert Wood Johnson Foundation reports that low income people on average receive worse care across 12 of 17 quality measures, including access to care, cancer screening and preventive health services.

### ***Health insurance***

Health insurance coverage is significantly correlated to health status. The uninsured are 2.8 times more likely than the insured to be hospitalized for diabetes, 2.4 times more likely for hypertension and 1.6 times for pneumonia. One study reported that case management of Oregon Health Plan patients showed a 43 percent reduction in emergency department visits.

Oregon has had a high uninsured rate as compared to the nation—in 2010 at 18.0 percent (600,000 people under 65 years). In 2009 Multnomah County experienced a 16.8 percent uninsured rate. Adults 18 to 64 years are more likely to be uninsured than children or seniors.

Nationally, 50 percent of the uninsured are people of color. Uninsured rates vary significantly by race and ethnicity. In Multnomah County, 14.4% of non-Hispanic whites were uninsured relative to 21.3 percent of communities of color in 2008. In Oregon during the same year, Native Americans and Hispanics experienced nearly triple the uninsured rates of non-Hispanic whites—29.3 percent and 28.2 percent as compared to 11.3 percent.

### ***Provider and service availability***

Oregon average of primary care provider availability is 40 providers less than the target of 175 per 100,000 people. The rates differ enormously among counties, consistent with hospital locations and population density. In 2007, Multnomah County's 211/100,000 was the highest of all state counties; the majority of the providers, particularly specialists, were located in Portland surrounding the tertiary hospitals. Legacy Emanuel as a tertiary facility located in a low income neighborhood has a greater proportion of specialists relative to primary care providers. Availability is a particular issue in low income areas, where physicians do not tend to locate.

Preventive screenings are an additional indicator of health care access. Sigmoidoscopy/ colonoscopy rates 50 years plus, cholesterol screenings and diabetic screenings 65 years plus were 67.7 percent, 73.9 percent and 84 percent in Oregon as compared to national target rates (90<sup>th</sup> percentile) of 61.8 percent, 77.0 percent and 88 percent respectively. Thus, Oregon is over the target for sigmoidoscopy/ colonoscopy and under the others.

Receiving prenatal care in the first trimester is a health care access indicator and correlated to low birth weight and infant mortality. In 2006, Oregon's rate of women obtaining prenatal care in the first trimester was 79.2 percent and Multnomah County was 78.4 percent. Disparities in accessing prenatal care among race and ethnicity cohorts at the state level were described in the Morbidity sections, including how different races and ethnicities display greatly varying low birth weight and infant mortality numbers.

Childhood immunization rates are also an indicator of health care access. In 2009, 72 percent of children 19-35 months in the US had their immunizations as compared to 67 percent in Oregon. The national goal is 80 percent.

## **Physical environment**

The physical environment plays a role in community health. Indicators that are tracked include quality (air, noise and water) and the built environment (access to healthy food, transportation, trails and sidewalks). Research over the last two decades clearly identifies the relationship between neighborhoods with higher income families and increased access to grocery stores and availability of physical access opportunities, e.g., sidewalks, trails. Some studies have even suggested that health status can be correlated with zip code, which the CNI method validates.

Access to healthy food makes healthy choices easier. The Urban and Environmental Policy Institute in 2002 reported that middle and upper income neighborhoods had twice as many supermarkets as low-income neighborhoods. The national target is that 70 percent of a community's census tract boundaries will be within one half mile of a healthy food retail store. Within Oregon in 2006, only 47 percent of the state's census tracts met this target. Multnomah County was 45 percent. Access to healthy food is a serious problem in many parts of our service area. As can be experienced driving through some neighborhoods surrounding Legacy Emanuel, the lack of large grocery stores is evident.

The number of liquor stores per 10,000 people is a reverse health status indicator. Multnomah County at .7 was higher than the state and highest among all metro area counties. Multnomah County has the greatest population density, highest poverty levels, and lowest health status.

## **STAKEHOLDER ASSESSMENT**

Quantitative research provides a detailed look at data and trends in specific population cohorts. One-on-one interviews with key stakeholders provide context. Between August 2010 and January 2011 Legacy Emanuel and Legacy Health management interviewed 66 elected officials and public sector (public health, human services), and faith, business and community leaders, including representatives of culturally, racially and ethnically diverse communities. Interviewees were intentionally designated based on their direct involvement with organizations and/or issues in the service areas, i.e., they have played visible roles in meeting community needs.

A standard set of questions elicited responses encompassing community health, primary issues facing the community, health and public health issues, roles of health systems in addressing needs and whether issues for people of cultural, racial and ethnic diversity differed from other populations.

Stakeholders provided a rich interpretation of community health including types of care (e.g., physical, mental, dental), social determinants (education, income/jobs, health care, community engagement, environment and housing) to individual assets (e.g., stability, emotional spiritual, holistic, opportunity), individual assets (e.g., stability, emotional, spiritual) and community assets (e.g., interconnectedness, access, quality, interdependence). A thread of 'inclusion' ran through most of the interviews, a belief that all individuals must have access to a community's assets and that disparities and inequities must be challenged and addressed in order for a community to truly 'healthy.' As with our earlier examination of data concerning the factors that influence a community's health, the actual provision of health care services was seen by most respondents as less important than economic and social factors.

Following is a summary of what we learned from the stakeholders. Percentages are based on the number of mentions due to respondents providing more than one designation.

### **Community health characteristics**

Asked about the definition of “community health” and what a healthy community looks like, stakeholders designated the three most important characteristics in a community’s health from a list. Income/Jobs, Education and Health Care and Access were cited the most in this order. Adding those who cited Public Health to Health Care, the percent rose to place it first. These three characteristics were each more than twice the others. Housing, Social/Human Services and Community Involvement followed in rankings.

### **Community needs/issues**

Assessment of community needs and issues reflects the gap between the previous question’s ideal state and the current reality. The three most important characteristics of a healthy community were cited as the three greatest issues, but in a different order. Income/jobs remained number one. Health Care and Access switched with Education for second place. Disparities and equity issues are seen as barriers to the higher-level items like Income/Jobs and Access to Health Care as Diversity/Disparities/Equity/Culturally Appropriate moved to fourth place. There was a consistent theme about the lack of voice for communities of color and institutional racism resulting in disparities and inequities.

### **Health care/public health issues**

Specifically questioned about Health Care/Public Health needs, Access for Low Income and Uninsured (coverage, cost, primary care shortage/access and affordability) was listed nearly a third of the time, followed by Mental Health and/or Addictions/Substance Abuse. Concern about issues related to cultural competency, disparities, equity and racism were cited nearly one out of ten times. Interviewees were vocal about health disparities for communities of color and some proposed that an equity lens be used in looking at all issues and needs. Concerns about the impact on the future generation of the significantly increasing numbers of chronic disease and obese children were shared, particularly for communities of color due to the adult mortality and morbidity disparities resulting. Chronic Disease, Obesity, Dental, Nutrition/Hunger, Prevention and Education, Seniors, Built Environment and Violence: Domestic and Child then followed in order. These concerns center on the role of government, specifically health policy.

### **Racial/ethnically diverse community issues**

We asked specifically about health disparities for communities of color, given the findings of our data review that demonstrated significant and increasing concerns in this area. The majority of stakeholder input indicated that the health care and social needs of these populations were essentially the same, but that the intensity of the needs were exacerbated; i.e., communities of color have fewer resources and experience magnified barriers across all factors. Several respondents noted that these communities do not have sufficient voice in policy discussions and civic projects.

### **Hospitals’ roles**

Stakeholder recommendations for the role of hospitals in community health centered primarily on relationships, leadership and advocacy. Recommendations were for increased partnerships with community based organizations in terms of services, dollars, and labor; advocacy with legislators and elected officials; collaboration with other health systems; prevention and education; health care access for the uninsured and health care access related to affordability and costs. Stakeholders felt

that health systems would influence issues most effectively and efficiently by working in broader and deeper partnerships with fewer organizations.

## CONCLUSION

Significant segments of the population in the Legacy Emanuel service area are less well-off across a range of measures – economics, education, health, and more. Communities of color bear a disproportionate burden. County level data shows consistent race and ethnic data disparities across indicators. The 2010 Communities of Color Report in Multnomah County stated that “suffering a legacy of racism and unequal treatment has imperiled our health and well-being.”

The size of communities of color in the Legacy Emanuel area is growing. If economic, education, and social systems do not change course to reduce historic inequities, they will only become a greater factor in the community’s health. One of the promises of health care reform is coverage for those who currently do not have health insurance. The newly insured will be disproportionately from communities of diversity, and thus as a whole this newly insured population will be significantly less educated, poorer, and have lower health status and greater health care needs.

If we are to address the health care-related needs of the Legacy Emanuel area, and turn first to the most serious need, that need is found in communities of color. Our mission and our desire to have the greatest impact possible leads us to consider our community benefit activities through this lens.

The range of possible activities is tremendous, so we prioritize using the following broad criteria:

1. Size: The number of people affected, and the geography impacted.
2. Seriousness: The impact on the area’s health, on its economic strength, and on its institutions.
3. Change Potential: The potential for positive intervention, and the sustainability of positive impact.
4. Capacity: The extent to which Legacy Emanuel has the resources and expertise to have a significant impact.
5. Legacy and Legacy Emanuel’s strategic plans: The alignment of the issue with one of the health system’s areas of strategic focus and mission and the hospital’s strategic focuses.

## ACTION PLAN

Using these criteria and the lens of racial and ethnic equity, a Legacy Emanuel Medical Center Implementation Strategies Plan details needs and implementation strategies in order of priority. All needs expressed by stakeholders related to health, health care and public health are listed, including those not addressed as a focus priority due to lack of resources. Many needs beyond the five focus areas are addressed within hospital services and activities and these can be found in the Plan. Legacy Emanuel’s resources and strengths are on health-related services and, thus, the five focus areas are health-related needs and actions. Community stakeholders clearly stressed recommending focused attention in contrast to a broader superficial approach in addressing issues.

Based on the criteria, Legacy Emanuel will focus on:

- **communities of color**
- **charity care**
- **access to health care**
- **health literacy**
- **youth and education.**

## **IMPLEMENTATION STRATEGIES PLAN**

The Legacy Emanuel Implementation Strategies Plan follows Exhibits and Appendices.

**Exhibit 1: Demographics**

|                                                | <b>Data Year/<br/>Source</b> | <b>US</b>                       | <b>OREGON</b>                          | <b>WASH.</b>             | <b>Clackamas</b>  | <b>Clark</b>            | <b>Multnomah</b> | <b>Washington</b> |
|------------------------------------------------|------------------------------|---------------------------------|----------------------------------------|--------------------------|-------------------|-------------------------|------------------|-------------------|
| <b>Total Population</b>                        | 2009/1<br>2010*/2            | 307,006,556                     | 3,844,195*                             | 6,664,195                | 381,775           | 436,391                 | 730,140          | 532,620           |
| <b>Live Births</b>                             | 2007,09,07<br>/3,4,5         | 4,324,008                       | 49,373                                 | 89,200                   | 8.2%              | 6.8%                    | 20.8%            | 15.9%             |
| <b>Gender</b>                                  |                              |                                 |                                        |                          |                   |                         |                  |                   |
| Male                                           | 2009/1                       | 49.3%                           | 49.6%                                  | 49.9%                    | 49.5%             | 49.8%                   | 49.6%            | 50.1%             |
| Female                                         | 2009/1                       | 50.7%                           | 50.4%                                  | 50.1%                    | 50.5 %            | 50.2%                   | 50.4%            | 49.9%             |
| <b>Age</b>                                     |                              |                                 |                                        |                          |                   |                         |                  |                   |
| Median Year                                    | 2009/1                       | 36.7                            | 37.8                                   | 37.1                     | 38.9              | 35.1                    | 36.9             | 35.0              |
| Under 5 years                                  | 2009/1                       | 6.9%                            | 6.4%                                   | 6.6%                     | 5.6%              | 7.0%                    | 6.8%             | 7.5%              |
| 5 to 19 years                                  | 2009/1                       | 14.0%                           | 19.3%                                  | 19.9%                    | 20.0%             | 21.9%                   | 18.2%            | 20.9%             |
| 20 to 44 years                                 | 2009/1                       | 34.5%                           | 34.0%                                  | 35.1%                    | 32.6%             | 35.7%                   | 37.7%            | 37.7%             |
| 45 to 64 years                                 | 2009/1                       | 32.0%                           | 27.3%                                  | 26.7%                    | 29.8%             | 25.2%                   | 26.9%            | 24.9%             |
| 65 years & older                               | 2009/1                       | 12.6%                           | 13.0%                                  | 11.7%                    | 12.0%             | 10.2%                   | 10.4%            | 9.0%              |
| <b>Lang. Other<br/>Eng. Spoken at<br/>Home</b> | 2009/6                       | 20.0%                           | 14.6%                                  | 17.0%                    | 11.9%             | 13.3%                   | 18.6%            | 22.9%             |
| <b>Population<br/>Growth</b>                   | <b>Year</b>                  | <b>4 Counties</b>               | <b>OREGON</b>                          |                          | <b>Clackamas</b>  | <b>Clark</b>            | <b>Multnomah</b> | <b>Washington</b> |
|                                                | 2010/6                       | 2,080,926                       | 3,844,195                              |                          | 381,775           | 436,391                 | 730,140          | 532,620           |
|                                                | 2015/6                       | 2,187,871                       | 3,941,265                              |                          | 391,415           | 476,850                 | 759,817          | 559,789           |
| Annual Increase                                | 2010-15                      | 1.0%                            | .5%                                    |                          | .5%               | 1.9%                    | .8%              | 1.0%              |
|                                                |                              |                                 |                                        |                          |                   |                         |                  |                   |
|                                                |                              | <b>Primary<br/>Service Area</b> | <b>Emanuel/<br/>Good<br/>Samaritan</b> | <b>Meridian<br/>Park</b> | <b>Mount Hood</b> | <b>Salmon<br/>Creek</b> |                  |                   |
|                                                | 2010/7                       | 948,044                         | 443,503                                | 226,068                  | 116,486           | 161,987                 |                  |                   |
|                                                | 2015/7                       | 1,005,822                       | 458,517                                | 242,530                  | 125,479           | 179,296                 |                  |                   |
| Annual Increase                                | 2010-15                      | 1.2%                            | .5%                                    | 1.5%                     | 1.5%              | 2.1%                    |                  |                   |

**Exhibit 2: Demographics by Race and Ethnicity**

|                                      |                           | Data Year/<br>Source | Total     | Non-<br>Hispanic<br>White | Hispanic | Black/African<br>American | Native<br>American | Asian  | 2 or<br>more<br>races |
|--------------------------------------|---------------------------|----------------------|-----------|---------------------------|----------|---------------------------|--------------------|--------|-----------------------|
| <b>Total Population</b>              | OR                        | 2008/1,2             | 3,790,060 | 79.9%                     | 11.0%    | 1.7%                      | 1.7%               | 3.4%   | 3.5%                  |
|                                      | WA                        | 2008/2               | 6,549,224 | 75.3%                     | 9.8%     | 3.4%                      | 1.4%               | 6.5%   | 4.0%                  |
|                                      | Total GPA                 | 2010/3               | 2,120,737 | 76.7%                     | 10.7%    | 2.9%                      | 0.7%               | 5.6%   | 3.0%                  |
| Primary Service<br>Area (five miles) | Emanuel/Good<br>Samaritan | 2010/3               | 443,503   | 74.1%                     | 8.6%     | 6.6%                      | 0.7%               | 5.9%   | 3.4%                  |
|                                      | Meridian Park             | 2010/3               | 226,068   | 81.9%                     | 8.8%     | 1.0%                      | 0.4%               | 5.0%   | 2.5%                  |
|                                      | Mount Hood                | 2010/3               | 116,486   | 78.9%                     | 11.9%    | 1.9%                      | 0.7%               | 3.2%   | 3.0%                  |
|                                      | Salmon Creek              | 2010/3               | 161,987   | 88.3%                     | 5.8%     | 1.2%                      | 0.6%               | 1.5%   | 2.4%                  |
| County                               | Clackamas                 | 2009/4               | 386,143   | 84.6%                     | 7.6%     | 1.1%                      | 1.0%               | 3.8%   | 2.4%                  |
|                                      | Multnomah                 | 2009/4               | 726,855   | 73.6%                     | 10.9%    | 6.0%                      | 1.2%               | 6.1%   | 3.1%                  |
|                                      | Washington                | 2009/4               | 537,318   | 71.2%                     | 15.3%    | 2.1%                      | 1.0%               | 8.7%   | 2.6%                  |
|                                      | Clark                     | 2009/4               | 432,002   | 83.3%                     | 7.1%     | 2.2%                      | 1.0%               | 4.0%   | 2.6%                  |
|                                      | Four Cty Area             | 2009/4               | 2,082,318 | 77.0%                     | 10.6%    | 3.3%                      | 1.1%               | 5.9%   | 2.7%                  |
|                                      |                           |                      |           |                           |          |                           |                    |        |                       |
| <b>Live Births</b>                   | OR                        | 2007/5               | 49,378    | 69.4%                     | 20.5%    | 2.3%                      | 1.7%               | 5.4%   | N/a                   |
|                                      | WA                        | 2007/5               | 88,978    | 63.3%                     | 18.9%    | 4.3%                      | 2.0%               | 9.3%   | N/a                   |
|                                      |                           |                      |           |                           |          |                           |                    |        |                       |
| <b>Gender</b>                        | OR M                      | 2008/1,2             | 49.7%     | 49.1%                     | 54.2%    | 53.0%                     | 48.8%              | 46.3%  | 49.0%                 |
|                                      | OR F                      | 2008/1,2             | 50.3%     | 50.9%                     | 45.8%    | 47.0%                     | 51.2%              | 53.7%  | 51.0%                 |
|                                      | WA M                      | 2008/2               | 49.9%     | N/A                       | N/A      | N/A                       | N/A                | N/A    | N/A                   |
|                                      | WA F                      | 2008/2               | 50.1%     | N/A                       | N/A      | N/A                       | N/A                | N/A    | N/A                   |
| <b>Age</b>                           |                           |                      |           |                           |          |                           |                    |        |                       |
| Under 5 years                        | OR                        | 2008/1,2             | 6.4%      | 5.2%                      | 13.3%    | 8.3%                      | 6.0%               | 6.2%   | 13.3%                 |
| 5 to 17 years                        | OR                        | 2008/1,2             | 19.2%     | 14.9%                     | 26.3%    | 21.7%                     | 22.3%              | 15.9%  | 29.6%                 |
| 18 to 44 years                       | OR                        | 2008/1,2             | 33.6%     | 34.9%                     | 45.4%    | 39.1%                     | 38.9%              | 46.4%  | 35.7%                 |
| 45 to 64 years                       | OR                        | 2008/1,2             | 27.6%     | 29.9%                     | 12.1%    | 23.4%                     | 26.2%              | 23.1%  | 16.5%                 |
| 65 years and older                   | OR                        | 2008/1,2             | 13.2%     | 15.1%                     | 2.9%     | 7.5%                      | 6.7%               | 8.5%   | 4.9%                  |
| Total                                | OR                        | 2008/1,2             | 100.0%    | 100.0%                    | 100.0%   | 100.0%                    | 100.0%             | 100.0% | 100.0%                |

**Exhibit 3: Mortality and Morbidity Rates**

| Age Adjusted: AA                        | Data Year/<br>Source   | US    | OREGON | WASH. | Clackamas | Clark | Multnomah | Washington |
|-----------------------------------------|------------------------|-------|--------|-------|-----------|-------|-----------|------------|
| <b>Mortality /100,000</b>               |                        |       |        |       |           |       |           |            |
| Total Death Rate Crude                  | 2007/1                 | 803.6 | 838.0  | 731.6 | N/A       | N/A   | N/A       | N//A       |
| Death Rate AA                           | 2006/1,4               | 760.2 | 770.5  | 722.5 | 766.5     | 745.1 | 833.0     | 684.7      |
| Premature Death                         | 2006/5                 | N/A   | 653.7  | 597.9 | 541.8     | 573.2 | 699.9     | 462.4      |
| Heart Death Rate AA                     | 2006/1,4               | 190.9 | 160.1  | 165.8 | 161.4     | 176.7 | 175.3     | 146.2      |
| Cancer Death Rate AA                    | 2006/1,4               | 178.4 | 181.3  | 174.2 | 187.8     | 176.0 | 188.3     | 150.8      |
| Diabetes Death Rate AA                  | 2006/4                 | N/A   | 28.2   | 24.4  | 27.3      | 23.2  | 29.7      | 24.7       |
| Infant Mortality /1000                  | 2007/2 WA<br>2009/6 OR | 6.8   | 5.7    | 4.9   | 4.7       | 4.7   | 6.3       | 3.4        |
| <b>Morbidity</b>                        |                        |       |        |       |           |       |           |            |
| Low Birth Weight                        | 2007/1                 | 8.2%  | 6.1%   | 6.3%  | 5.2%      | 6.6%  | 6.1%      | 6.0%       |
| Cancer Incidence /100,000               | 2007/7                 | 464.5 | 465.6  | 479.1 | 467.0     | 460.9 | 466.0     | 428.2      |
| Heart Disease Ever Had                  | 2008/3                 | 3.8%  | 3.7%   | 3.3%  | N/A       | N/A   | N/A       | N/A        |
| Diabetes                                | 2008/1                 | 8.0%  | 6.9%   | 7.0%  | 7.7%      | 8.4%  | 7.3%      | 6.4%       |
| Asthma                                  | 2008/1,3               | 13.3% | 14.9%  | 14.9% | 14.9%     | 16.9% | 14.3%     | 13.7%      |
| Health Status:good or excellent         | 2008/5                 | N/A   | 85%%   | 87%   | 88%       | 87%   | 86%       | 88%        |
| Poor Mental Health Days (days per year) | 2008/5                 | N/A   | 3.3    | 3.3   | 2.8       | 3.2   | 3.7       | 2.9        |

**Exhibit 4: Mortality and Morbidity Rates By Race and Ethnicity**

|                                          | <b>Data<br/>Year/<br/>Source</b> | <b>Total</b> | <b>Non-Hispanic<br/>White</b> | <b>Hispanic</b> | <b>Non-<br/>Hispanic<br/>Black</b> | <b>Native<br/>American</b> | <b>Asian/ Pacific<br/>Islander</b> |
|------------------------------------------|----------------------------------|--------------|-------------------------------|-----------------|------------------------------------|----------------------------|------------------------------------|
| <b><i>Mortality /100,000</i></b>         |                                  |              |                               |                 |                                    |                            |                                    |
| <b><i>Total Rate Age Adjusted AA</i></b> |                                  |              |                               |                 |                                    |                            |                                    |
| Oregon                                   | 2006/1                           | 770.5        | 785.4                         | 421.5           | 828.1                              | 757.7                      | 430.3                              |
| Clackamas                                | 2006/1                           | 766.5        | 783.2                         | 426.6           | 683.3                              | 824.7                      | 376.5                              |
| Multnomah                                | 2006/1                           | 833.0        | 857.6                         | 451.1           | 895.7                              | 819.8                      | 509.3                              |
| <b><i>Washington</i></b>                 | 2006/1                           | 684.7        | 711.2                         | 312.7           | 1180.4                             | 522.2                      | 381.3                              |
| Washington                               | 2006/1                           | 722.5        | 735.4                         | 467.2           | 903.6                              | 904.6                      | 462.7                              |
| Clark                                    | 2006/1                           | 745.1        | 759.4                         | 381.8           | 825.3                              | 409.4                      | 472.9                              |
| <b>Heart Death Rate AA</b>               |                                  |              |                               |                 |                                    |                            |                                    |
| Oregon                                   | 2006/1                           | 160.1        | 163.5                         | 74.4            | 154.9                              | 128.3                      | 100.5                              |
| Clackamas                                | 2006/1                           | 161.4        | 166.8                         | N/A             | N/A                                | N/A                        | 64                                 |
| Multnomah                                | 2006/1                           | 175.3        | 178.6                         | 79.7            | 181.4                              | 143.3                      | 147.9                              |
| Washington                               | 2006/1                           | 146.2        | 152.1                         | 24.8            | N/A                                | 343.4                      | 78.3                               |
| Washington                               | 2006/1                           | 165.8        | 170.2                         | 101.6           | 183.7                              | 178.5                      | 93.1                               |
| Clark                                    | 2006/1                           | 176.7        | 179.2                         | 91.1            | 179.7                              | N/A                        | 114.7                              |
| <b>Cancer Death Rate AA</b>              |                                  |              |                               |                 |                                    |                            |                                    |
| Oregon                                   | 2006/1                           | 181.3        | 186.4                         | 84.6            | 162.3                              | 151.5                      | 99.2                               |
| Clackamas                                | 2006/1                           | 187.8        | 192.1                         | 68              | N/A                                | 266.7                      | 107.2                              |
| Multnomah                                | 2006/1                           | 188.3        | 196.7                         | 110.1           | 168.8                              | 107.7                      | 120.9                              |
| Washington                               | 2006/1                           | 150.8        | 158.5                         | 59.1            | 269.8                              | N/A                        | 72.8                               |
| Washington                               | 2006/1                           | 174.2        | 178.7                         | 98.5            | 214.1                              | 152.5                      | 128.5                              |
| Clark                                    | 2006/1                           | 176.0        | 178.9                         | 61.5            | 86.9                               | N/A                        | 159.7                              |
| <b>Diabetes Death Rate AA</b>            |                                  |              |                               |                 |                                    |                            |                                    |
| <i>Oregon</i>                            | 2006/1                           | 28.2         | 27.2                          | 36.5            | 62.4                               | 80.3                       | 29.5                               |
| Clackamas                                | 2006/1                           | 27.3         | 27.1                          | N/A             | N/A                                | N/A                        | N/A                                |
| Multnomah                                | 2006/1                           | 29.7         | 27.8                          | 24.5            | 62.6                               | N/A                        | 26.8                               |
| Washington                               | 2006/1                           | 24.7         | 24.6                          | N/A             | N/A                                | N/A                        | 25.7                               |
| <i>Washington</i>                        | 2006/1                           | 24.4         | 23.7                          | 26.2            | 57.6                               | 40.2                       | 21.5                               |
| Clark                                    | 2006/1                           | 23.2         | 23.5                          | N/A             | N/A                                | N/A                        | N/A                                |
|                                          |                                  |              |                               |                 |                                    |                            |                                    |

|                                                 | Data Year/<br>Source | Total | Non-Hispanic<br>White | Hispanic | Non-<br>Hispanic<br>Black | Native<br>American | Asian/ Pacific<br>Islander |
|-------------------------------------------------|----------------------|-------|-----------------------|----------|---------------------------|--------------------|----------------------------|
| <b>Infant Mortality /1000</b>                   |                      |       |                       |          |                           |                    |                            |
| <i>Oregon</i>                                   | 2006/2               | 5.6   | 5.5                   | 5.4      | 9.4                       | N/A                | N/A                        |
| <i>Washington</i>                               | 2006/2               | 5.1   | 4.5                   | 4.8      | 8.1                       | N/A                | N/A                        |
|                                                 |                      |       |                       |          |                           |                    |                            |
| <b>Morbidity</b>                                |                      |       |                       |          |                           |                    |                            |
| <b>Low Birth Weight</b>                         |                      |       |                       |          |                           |                    |                            |
| <i>Oregon</i>                                   | 2007/2               | 6.1%  | 5.9%                  | 5.9%     | 9.8%                      | N/A                | N/A                        |
| <i>Washington</i>                               | 2007/2               | 6.3%  | 6.0%                  | 5.7%     | 9.8%                      | N/A                | N/A                        |
|                                                 |                      |       |                       |          |                           |                    |                            |
| <b>Cancer Incidence AA<br/>/100,000</b>         |                      |       |                       |          |                           |                    |                            |
| <i>Oregon</i>                                   | 2006/2               | 456.5 | 450.2                 | 340.8    | 356.5                     | N/A                | N/A                        |
| <i>Washington</i>                               | 2006/2               | 482.1 | 479.4                 | 340.7    | 488.5                     | N/A                | N/A                        |
|                                                 |                      |       |                       |          |                           |                    |                            |
| <b>Coronary Heart Disease<br/>Prevalence AA</b> |                      |       |                       |          |                           |                    |                            |
| <i>Oregon*</i>                                  | 2005/3               | 3.7%  | 3.9-4.0%              | 2.0-4.0% | 4.0-9.0%                  | 8.0-13.0%          | 4.0-9.2%                   |
| <i>Washington</i>                               | 2005/3               | 3.3%  | N/A                   | N/A      | N/A                       | N/A                | N/A                        |
| <i>*Ranges based on 95%<br/>confidence</i>      |                      |       |                       |          |                           |                    |                            |
|                                                 |                      |       |                       |          |                           |                    |                            |
| <b>Diabetes Prevalence AA</b>                   |                      |       |                       |          |                           |                    |                            |
| <i>Oregon</i>                                   | 2005/5               | 6.9%  | 6%                    | 10%      | 13%                       | 12%                | 7%                         |
| <i>Washington</i>                               | 2005/6               | 7%    | 6%                    | 9%       | 14%                       | 12%                | 9%                         |
|                                                 |                      |       |                       |          |                           |                    |                            |
| <b>Asthma Ever Had</b>                          |                      |       |                       |          |                           |                    |                            |
| <i>Oregon</i>                                   | 2006/2               | 14.9% | 15.2%                 | 7.3%     | 13.0%                     | N/A                | N/A                        |
| <i>Washington</i>                               | 2006/2               | 14.9% | 14.5%                 | 10.0%    | 14.7%                     | N/A                | N/A                        |
|                                                 |                      |       |                       |          |                           |                    |                            |
| <b>Adults Reporting Poor<br/>Mental Health</b>  |                      |       |                       |          |                           |                    |                            |
| <i>Oregon</i>                                   | 2007/7               | 32.9% | 33.8%                 | N/A      | N/A                       | N/A                | N/A                        |
| <i>Washington</i>                               | 2007/7               | 35.0% | 35.3%                 | 26.8%    | 30.5%                     | 48.4%              | 30.8%                      |

**Exhibit 5: Social Economic and Environment Determinant Factors**

|                                                                             | <b>Data<br/>Year/<br/>Source</b> | <b>Target<br/>90<sup>th</sup><br/>percentile</b> | <b>OREGON</b> | <b>WASH.</b> | <b>Clackamas</b> | <b>Clark</b> | <b>Multnomah</b> | <b>Washington</b> |
|-----------------------------------------------------------------------------|----------------------------------|--------------------------------------------------|---------------|--------------|------------------|--------------|------------------|-------------------|
| <b><i>Socio Economic</i></b>                                                |                                  |                                                  |               |              |                  |              |                  |                   |
| <b>Education</b>                                                            |                                  |                                                  |               |              |                  |              |                  |                   |
| High School Grad. 4 years                                                   | 2006/2                           | 84% OR<br>89% WA                                 | 73%           | 73%          | 75%              | 77%          | 73%              | 78%               |
| HS Grad. 25 yrs older                                                       | 2009/1                           | N/A                                              | 89.1%         | 89.7%        | 91.6%            | 91.0%        | 89.0%            | 90.5%             |
| College Degree 25 yrs older                                                 | 2009/1                           | 31%                                              | 29.2%         | 31.0%        | 32.7%            | 24.2%        | 39.1%            | 38.3%             |
| <b>Employment</b>                                                           |                                  |                                                  |               |              |                  |              |                  |                   |
| Unemployment                                                                | 2009/1                           |                                                  | 11.8%         | 9.5%         | 11.1%            | 12.5%        | 11.5%            | 10.6%             |
| <b>Income</b>                                                               |                                  |                                                  |               |              |                  |              |                  |                   |
| Median Household Income                                                     | 2009/1                           | N/A                                              | \$48,475      | \$56,548     | \$59,876         | \$56,074     | \$50,773         | \$60,963          |
| All Poverty                                                                 | 2009/1                           | N/A                                              | 14.3%         | 12.3%        | 9.2%             | 11.8%        | 15.1%            | 10.2%             |
| Children in Poverty (< 18)                                                  | 2009/1                           | 13%                                              | 19.2%         | 16.2%        | 13.5%            | 16.9%        | 19.6%            | 12.7%             |
| Home Ownership                                                              | 2009/1                           | N/A                                              | 63.1%         | 64.3%        | 70.4%            | 64.3%        | 54.9%            | 62.2%             |
| Rent 35% of HH Income                                                       | 2009/1                           | N/A                                              | 42.6%         | 40.3%        | 42.9%            | 40.4%        | 42.4%            | 38.4%             |
| Single Female Parent HH                                                     | 2008/1                           | 7%                                               | 10.1%         | 10.1%        | 9.1%             | 10.8%        | 10.7%            | 9.8%              |
| <b>Crime</b>                                                                |                                  |                                                  |               |              |                  |              |                  |                   |
| Violent Crime Rate /100,000                                                 | 2007/2                           | 117                                              | 285           | 342          | 126              | 237          | 638              | 157               |
| <b><i>Physical Environment</i></b>                                          |                                  |                                                  |               |              |                  |              |                  |                   |
| <b>Quality Environment</b>                                                  |                                  |                                                  |               |              |                  |              |                  |                   |
| Air Pollution—Particulate<br>Matter Days                                    | 2005/2                           | 0                                                | 4             | 2            | 4                | 3            | 4                | 25                |
| <b>Built Environment</b>                                                    |                                  |                                                  |               |              |                  |              |                  |                   |
| Access to Healthy Food:<br>Census boundary .5 mile<br>healthy food retailer | 2006/2                           | 71%                                              | 47%           | 47%          | 67%              | 63%          | 45%              | 61%               |
| Liquor Store Density                                                        | 2006/2                           | N/A                                              | .5            | .5           | .4               | .3           | .7               | .4                |

**Exhibit 6: Social Economic Determinant Factors by Race and Ethnicity**

|                                      |           | Data<br>Year/<br>Source | Total    | Non-Hispanic<br>White | Hispanic      | Black/African<br>American | Native<br>American | Asian/<br>Pacific<br>Islander | 2 or<br>more<br>races |
|--------------------------------------|-----------|-------------------------|----------|-----------------------|---------------|---------------------------|--------------------|-------------------------------|-----------------------|
| <b>Education</b>                     |           |                         |          |                       |               |                           |                    |                               |                       |
| High School Grad 25 yrs<br>older     | <b>OR</b> | 2008/2,3                | 88.6%    | 91.4%                 | 54.7%         | 86.8%                     | 84.1%              | 85.6%                         | 87.9%                 |
|                                      | <b>WA</b> | 2008,07/<br>3,1         | 89.6%    | 92.2%                 | 57.7%         | 85.7%                     | 80.7%              | 84.6%                         | 90.2%                 |
| College Degree 25 yrs older          | <b>OR</b> | 2008/2                  | 28.1%    | 29.2%                 | 10.4%         | 20.1%                     | 12.8%              | 45.7%                         | 24.1%                 |
|                                      | <b>WA</b> | 2008/3<br>2007/1        | 30.7%    | 31.5%<br>2007         | 11.2%<br>2007 | 18.7%<br>2007             | 11.7%<br>2007      | 43.2%<br>2007                 | 22.6%<br>2007         |
| <b>Employment</b>                    |           |                         |          |                       |               |                           |                    |                               |                       |
| Unemploy. (16 older)                 | <b>OR</b> | 2009/3                  | 11.8%*   | 11.4%                 | 14.8%         | 18.1%                     | 16.4%              | 6.7%                          | N/a                   |
| * Nov 2010: 10.5%                    | Clack.    | 2009/3                  | 11.1%    | 11.3%                 | 6.0%          | -                         | -                  | -                             | N/a                   |
|                                      | Mult.     | 2009/3                  | 11.5%    | 10.2%                 | 18.6%         | 17.7%                     | -                  | 8.2%                          | N/a                   |
|                                      | Wash.     | 2009/3                  | 10.6%    | 10.8%                 | 11.9%         | -                         | -                  | 4.7%                          | N/a                   |
|                                      | <b>WA</b> | 2009/3                  | 9.5%     | 9.1%                  | 10.8%         | 15.3%                     | 17.1%              | 6.8%                          | N/a                   |
|                                      | Clark     | 2009/3                  | 12.5%    | 12.0%                 | 16.3%         | -                         | -                  | 6.1%                          | N/a                   |
| <b>Income</b>                        |           |                         |          |                       |               |                           |                    |                               |                       |
| Median HH Income                     | <b>OR</b> | 2009/3                  | \$48,457 | \$49,825              | \$35,861      | \$32,266                  | \$34,072           | \$58,283                      |                       |
|                                      | Clack.    | 2009/3                  | \$59,876 | \$60,923              | \$43,136      | -                         | -                  | \$75,282                      |                       |
|                                      | Mult.     | 2009/3                  | \$50,733 | \$54,373              | \$36,356      | \$28,222                  | \$23,173           | \$51,391                      |                       |
|                                      | Wash.     | 2009/3                  | \$60,963 | \$62,442              | \$40,386      | \$52,363                  | \$49,133           | \$76,682                      |                       |
|                                      | <b>WA</b> | 2009/3                  | \$56,548 | \$58,431              | \$42,532      | \$38,287                  | \$42,393           | \$67,506                      |                       |
|                                      | Clark     | 2009/3                  | \$56,074 | \$56,763              | \$55,363      | \$30,985                  | \$27,159           | \$70,805                      |                       |
| Home Ownership                       | <b>OR</b> | 2009/4                  | 65.9%    | 70.9%                 | 48.0%         | 44.5%                     | 54.6%              | 59.0%                         | 51.9%                 |
| All Pov.<100% FPL                    | <b>OR</b> | 2008/2,3                | 13.6%    | 11.2%                 | 25.8%         | 29.4%                     | 26.5%              | 12.8%                         | 17.4%                 |
|                                      | <b>WA</b> | 2008/3                  | 11.3%    | 9.1%                  | 23.5%         | 22.9%                     | 26.1%              | 9.2%                          | 15.4%                 |
| Child Pov.<100% FPL                  | <b>OR</b> | 2008/2,3                | 18.1%    | 12.9%                 | 33.2%         | 37.7%                     | 32.9%              | 11.9%                         | 16.5%                 |
|                                      | <b>WA</b> | 2008/3                  | 14.3%    |                       |               |                           |                    |                               |                       |
| Female Head HH w Children<br>Poverty | <b>OR</b> | 2008/2                  |          | 34.2%                 | 54.3%         | 55.8%                     | 44.2%              | 37.6%                         | 47.0%                 |

**Exhibit 7: Clinical Care and Behavior Health Factors**

|                                                                       | Data Year/<br>Source    | Target 90 <sup>th</sup><br>percentile | ORE.   | WASH. | Clackamas | Clark | Multnomah | Washington |
|-----------------------------------------------------------------------|-------------------------|---------------------------------------|--------|-------|-----------|-------|-----------|------------|
| <b>Clinical Care</b>                                                  |                         |                                       |        |       |           |       |           |            |
| <b>Access</b>                                                         |                         |                                       |        |       |           |       |           |            |
| Uninsured 2010/2*                                                     | 2009/1                  | N/A                                   | 18.0%* | 12.5% | 13.2%     | 12.8% | 16.8%     | 14.8%      |
| Uninsured Children 0-18 yrs                                           | 2009/3                  | 10%                                   | 12%    | 6%    | N/A       | N/A   | N/A       | N/A        |
| Primary Care Provider<br>/100,000                                     | 2007/5                  | 175                                   | 133    | 136   | 107       | 102   | 211       | 123        |
| Prenatal Care First Trimester                                         | 2006/4,5                | 83.2%                                 | 79.2%  | 70.3% | 82.8%     | N/A   | 78.4%     | 85.6%      |
| Diabetic Screening-65 yr                                              | 2006/6                  | 88%                                   | 84%    | 85%   | 84%       | 85%   | 85%       | 82%        |
| Cholesterol Screening                                                 | 2009/6,7                | 77.0%                                 | 73.9%  | 72.9% | N/A       | 75.0% | N/A       | N/A        |
| Sigmoidoscopy or<br>Colonoscopy-50 yr plus                            | 2008/3<br>2006/8        | 61.8%                                 | 66.7%  | 66.2% | N/A       | N/A   | N/A       | N/A        |
| Pap Smears-18 yr plus                                                 | 2006/8                  | N/A                                   | 81.7%  | 82.7% | 81.1%     | 82.1% | 81.4%     | 83.1%      |
| Immunized: 19-35 months                                               | 2009/3                  | 72%                                   | 67%    | 75%   | N/A       | N/a   | N/A       | N/A        |
| <b>Quality</b>                                                        |                         |                                       |        |       |           |       |           |            |
| Preventable Hospital Stays                                            | 2006/5                  | 40,37 OR,WA                           | 49     | 50    | 42        | 61    | 46        | 45         |
| <b>Behaviors</b>                                                      |                         |                                       |        |       |           |       |           |            |
| <b>Tobacco Use</b> Adult Smoking                                      | 2009/5 OR<br>2010/7 WA  | 14%                                   | 19%    | 14.8% | 17%       | 14.4% | 20%       | 14%        |
| Teen Smoking<br>WA: 10 <sup>th</sup> grade OR: 11 <sup>th</sup> grade | 2009/10 OR<br>2008/7 WA | N/A                                   | 17%    | 14%   | 18%       | 16%   | 16%       | 14%        |
| <b>Diet</b> Adult Obesity                                             | 2009/9                  | 26.9%                                 | 23.6%  | 26.9% | 24.2%     | 32.1% | 20.5%     | 18.6%      |
| Adult Overweight                                                      | 2009/3                  | 33.9%                                 | 34.6%  | 32.5% | N/A       | N/A   | N/A       | N/A        |
| Child 10-17 yrs                                                       | 2007/3                  | 31.6%                                 | 24.3%  | 29.5% | N/A       | N/A   | N/A       | N/A        |
| <b>Alcohol Use</b>                                                    |                         |                                       |        |       |           |       |           |            |
| Heavy Drinking (Women: 1<br>drink/day, Men: 2 drinks/day)             | 2007/11                 | N/A                                   | 6.3%   | N/A   | 5.7%      | N/A   | 7.1%      | 4.4%       |
| Motor Vehicle Deaths /100,000                                         | 2006/5                  | 8                                     | 14     | 12    | 11        | 10    | 9         | 8          |
| <b>High Risk Sex</b>                                                  |                         |                                       |        |       |           |       |           |            |
| Chlamydia /100,000                                                    | 2006/5                  | 197                                   | 266    | 294   | 196       | 242   | 429       | 197        |
| Teen Births 15-19 yrs /1000                                           | 2006/5                  | 24                                    | 37     | 34    | 24        | 35    | 39        | 33         |

**Exhibit 8: Clinical Care and Behavior Health Factors by Race and Ethnicity**

|                                  |           | Data<br>Year/<br>Source | Total             | Non-Hispanic<br>White | Hispanic   | Black/African<br>American | Native<br>American | Asian/<br>Pacific<br>Islander |
|----------------------------------|-----------|-------------------------|-------------------|-----------------------|------------|---------------------------|--------------------|-------------------------------|
| <b>Clinical Care</b>             |           |                         |                   |                       |            |                           |                    |                               |
| <b>Access</b>                    |           |                         |                   |                       |            |                           |                    |                               |
| <i>Uninsured</i>                 | <b>OR</b> | 2008/1                  | 18.0%<br>under 65 | 11.3%                 | 28.2%      | 12.1%                     | 29.3%              | 10.2%                         |
|                                  | <b>WA</b> | 2007/2                  | 12.5%             | N/A                   | N/A        | N/A                       | N/A                | N/A                           |
|                                  |           |                         |                   |                       |            |                           |                    |                               |
| Prenatal Care First<br>Trimester | <b>OR</b> | 2006/3                  | 79.2%             | 82.4%                 | 70.1%      | 72.1%                     | N/A                | N/A                           |
|                                  | <b>WA</b> | 2006/3                  | 70.3%             | 74.0%                 | 60.5%      | 63.7%                     | N/A                | N/A                           |
| <b>Behaviors</b>                 |           |                         |                   |                       |            |                           |                    |                               |
| <b>Tobacco</b> Adults Smoking    | <b>OR</b> | 2008/3                  | 16.3%             | 15.7%                 | N/A        | N/A                       | N/A                | N/A                           |
|                                  | <b>WA</b> | 2008/3                  | 15.7%             | 15.6%                 | 12.2%      | N/A                       | 37.5%              | N/A                           |
| <b>Diet</b>                      |           |                         |                   |                       |            |                           |                    |                               |
| Adults Obese                     | <b>WA</b> | 2007/4                  | 25%               | 24%                   | <b>30%</b> | 30%                       | 36%                | 11%                           |
| Adults Overweight or Obese       | <b>OR</b> | 2009/3                  | 58.2%             | 58.4%                 | <b>N/A</b> | N/A                       | N/A                | N/A                           |
|                                  | <b>WA</b> | 2009/3                  | 59.4%             | 60.0%                 | 57.5%      | 74.3%                     | 70.8%              | 37.4%                         |
| <b>High Risk Sex</b>             |           |                         |                   |                       |            |                           |                    |                               |
| Teen Birth Rate /1000            | <b>OR</b> | 2007/5                  | 35.9              | 27                    | 93         | 44                        | 54                 | 15                            |
|                                  | <b>WA</b> | 2007/5                  | 34.8              | 24                    | 99         | 42                        | 84                 | 22                            |

### **Exhibit 1: Demographics**

- 1: US Census Bureau American Community Survey 2009 and 2006-2008. [www.census.gov/acs](http://www.census.gov/acs)
- 2: Portland State University Population Research Center. [www.pdx.edu/prc](http://www.pdx.edu/prc)
- 3: Oregon Department of Human Services Center for Health Statistics. <http://www.dhs.state.or.us/dhs/ph/chs/data/birth/lb.shtml>
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- 5: Center for Disease Control User Guide to the 2007 Natality Public Use File. [Cdc.gov/wonder/help/natality](http://www.cdc.gov/wonder/help/natality)
- 6: Legacy Finance. PSU Population Research Center. [www.pdx.edu/prc](http://www.pdx.edu/prc)
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### **Exhibit 2: Demographics by Race and Ethnicity**

- 1: Oregon Department of Human Services Office of Multicultural Health. [www.oregon.gov/DHS/ph/omh](http://www.oregon.gov/DHS/ph/omh)
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- 5: Kaiser Family Foundation State Health Facts. [www.kff.org](http://www.kff.org)

### **Exhibit 3: Mortality and Morbidity Rates**

- 1: Center for Disease Control. National Center for Health Statistics. [www.cdc.gov/nchs](http://www.cdc.gov/nchs)
- 2: Oregon Department of Human Services Center for Health Statistics Vital Statistics. <http://www.dhs.state.or.us/dhs/ph/chs/data>
- 3: Center for Disease Control Community Health Status Report. Behavioral Risk Factor Surveillance System 2009. [www.cdc.gov/brfss](http://www.cdc.gov/brfss)
- 4: US Department of Health and Human Services. Office of Women's Health. Health Data. [www.healthstatus2010.com](http://www.healthstatus2010.com)
- 5: County Health Rankings. [www.countyhealthrankings.org](http://www.countyhealthrankings.org)
- 6: Washington State Department of Health Center for Health Statistics. <http://www.doh.wa.gov/ehsphi>
- 7: National Cancer Institute State Cancer Profiles 2003-2007. [statecancerprofiles.cancer.gov/incidencerates](http://statecancerprofiles.cancer.gov/incidencerates)

### **Exhibit 4: Mortality and Morbidity Rates By Race and Ethnicity**

- 1: US Department of Health and Human Services. Office of Women's Health. Health Data. [www.healthstatus2010.com](http://www.healthstatus2010.com)
- 2: Kaiser Family Foundation State Facts. [www.kff.org](http://www.kff.org)
- 3: Oregon Department of Human Services. The Burden of Heart Disease and Stroke in Oregon. 2007. [www.oregon.gov/DHS/ph/hdsp](http://www.oregon.gov/DHS/ph/hdsp)
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- 6: Washington State Department of Public Health 2007. Obesity and Diabetes Advisory Committee Policy Recommendations December 2009. [healthequity.wa.gov/committees/diabetes/docs](http://healthequity.wa.gov/committees/diabetes/docs)
- 7: US Census Bureau Current Population Survey Annual Social and Economic Supplement 2009. [www.bls.census.gov/cps](http://www.bls.census.gov/cps)

### **Exhibit 5: Social Economic and Environment Determinant Factors**

- 1: US Census Bureau American Community Survey 2009 and 2006-2008. [www.census.gov/acs](http://www.census.gov/acs)
- 2: County Health Rankings. [www.countyhealthrankings.org](http://www.countyhealthrankings.org)

**EXHIBIT 6: SOCIAL ECONOMIC DETERMINANT FACTORS BY RACE AND ETHNICITY**

- 1: US Department of Education. National Center for Education Statistics. 2009. [www.nces.ed.gov/programs/digest/d09/tables](http://www.nces.ed.gov/programs/digest/d09/tables)
- 2: Oregon Department of Human Services Office of Multicultural Health. [www.oregon.gov/DHS/ph/omh](http://www.oregon.gov/DHS/ph/omh)
- 3: US Census Bureau American Community Survey 2008, 2009. [www.census.gov/acs](http://www.census.gov/acs)
- 4: 2010 Oregon Benchmark Race and Ethnicity Report: A Report on the Progress of Oregon's Racial and Ethnic Diverse Population. November 2010. [www.oregon.gov/DAS/OPB/obm\\_pub](http://www.oregon.gov/DAS/OPB/obm_pub)

**Exhibit 7: Clinical Care and Behavior Health Factors**

- 1: US Census Bureau American Community Survey 2009 and 2006-2008. [www.census.gov/acs](http://www.census.gov/acs)
- 2: Oregon Office of Health Policy and Research. Email October 2010.
- 3: Kaiser Family Foundation State Health Facts. [www.statehealthfacts.org/profile](http://www.statehealthfacts.org/profile)
- 4: Oregon Department of Human Services Center for Health Statistics Vital Statistics. <http://www.dhs.state.or.us/dhs/ph/chs/data>
- 5: County Health Rankings. [www.countyhealthrankings.org](http://www.countyhealthrankings.org)
- 6: Center for Disease Control Chronic Disease Index 2009. [www.cdc.gov/chronicdisease/index](http://www.cdc.gov/chronicdisease/index)
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- 9: Center for Disease Control Community Health Status Report. Behavioral Risk Factor Surveillance System 2009. [www.cdc.gov/brfss](http://www.cdc.gov/brfss)
- 10: Oregon Tobacco Prevention and Education Program. <http://oregon.gov/DHS/ph/tobacco/countyfacts>
- 11: Oregon Health Policy Board and Oregon Health Authority. Oregon Health Improvement Plan Committee. Draft Oregon Health Improvement Plan: 2011-2020. October 2010. [www.oregon.gov/DHS/h/hpcdp/hip/index](http://www.oregon.gov/DHS/h/hpcdp/hip/index)

**Exhibit 8: Clinical Care and Behavior Health Factors by Race and Ethnicity**

- 1: Oregon Department of Human Services Office of Multicultural Health. [www.oregon.gov/OHA/omhs](http://www.oregon.gov/OHA/omhs)
- 2: Washington State Department of Human Services. [www.insurance.wa.gov](http://www.insurance.wa.gov)
- 3: Kaiser Family Foundation State Health Facts. [www.kff.org](http://www.kff.org)
- 4: Washington State Department of Health Obesity and Diabetes Advisory Committee: Policy Recommendations December 10, 2009. [healthequity.wa.gov/committees/diabetes](http://healthequity.wa.gov/committees/diabetes)
- 5: The National Campaign to Prevent Teen and Unplanned Pregnancy. State Profile. <http://www.thenationalcampaign.org/state-data/state-profile.aspx?state=oregon>, washington

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**Appendix A**  
**Community Health Characteristics: Most Important**

| <b>Issue</b>            | <b>Number</b> | <b>Percent</b> |
|-------------------------|---------------|----------------|
| Income/Jobs             | 40            | 21.3%          |
| Education               | 37            | 19.7%          |
| Health Care and Access  | 33            | 17.6%          |
| Housing                 | 18            | 9.6%           |
| Public Health           | 13            | 6.9%           |
| Community Involvement   | 11            | 5.9%           |
| Environment             | 9             | 4.8%           |
| Social/Human Services   | 8             | 4.3%           |
| Economic Development    | 5             | 2.7%           |
| Public Safety           | 4             | 2.1%           |
| Revenue/Public Services | 2             | 1.1%           |
| Equity                  | 2             | 1.1%           |
| Mental Health           | 2             | 1.1%           |
| Food/Hunger             | 1             | 0.5%           |
| Dental                  | 1             | 0.5%           |
| Early Childhood         | 1             | 0.5%           |
| Leadership              | 1             | 0.5%           |
| Total                   | 188           | 100.0%         |

**Appendix B**  
**Community Health: Greatest Needs/Issues**

| <b>Issue</b>                                             | <b>Number</b> | <b>Percent</b> |
|----------------------------------------------------------|---------------|----------------|
| Income/Jobs                                              | 38            | 20.0%          |
| Health Care and Access                                   | 31            | 16.3%          |
| Education                                                | 25            | 13.2%          |
| Diversity/Disparities/Equity/Culturally Approp. Services | 20            | 10.5%          |
| Housing                                                  | 14            | 7.4%           |
| Mental Health                                            | 11            | 5.8%           |
| Public Health                                            | 6             | 3.2%           |
| Health                                                   | 6             | 3.2%           |
| Economy Funding                                          | 5             | 2.6%           |
| Dental                                                   | 4             | 2.1%           |
| Addiction/ Substance Abuse                               | 3             | 1.6%           |
| Poverty                                                  | 3             | 1.6%           |
| Environment                                              | 3             | 1.6%           |
| Obesity                                                  | 3             | 1.6%           |
| Early Childhood                                          | 3             | 1.6%           |
| Chronic Disease                                          | 2             | 1.1%           |
| Public Safety                                            | 2             | 1.1%           |
| Nutrition/Hunger                                         | 2             | 1.1%           |
| Transportation                                           | 1             | 0.5%           |
| Civic Involvement                                        | 1             | 0.5%           |
| Economy                                                  | 1             | 0.5%           |
| Childhood Chronic Disease                                | 1             | 0.5%           |
| Childhood Obesity                                        | 1             | 0.5%           |
| Adult Literacy                                           | 1             | 0.5%           |
| Domestic Violence                                        | 1             | 0.5%           |
| Seniors                                                  | 1             | 0.5%           |
| HIV/AIDS                                                 | 1             | 0.5%           |
| Total                                                    | 190           | 100.0%         |

**Appendix C**  
**Health Care and Public Health: Greatest Issues**

| <b>Issue</b>                            | <b>Number</b> | <b>Percent</b> |
|-----------------------------------------|---------------|----------------|
| Healthcare or Access Specified          | 20            | 9.7%           |
| Coverage                                | 14            | 6.8%           |
| Cost                                    | 14            | 6.8%           |
| Cultural Competency                     | 8             | 3.9%           |
| Primary Care Shortage/Access            | 7             | 3.4%           |
| Care Coordination                       | 4             | 1.9%           |
| Medical Homes                           | 2             | 1.0%           |
| Disparities, Equity, Racism             | 11            | 5.3%           |
| Workforce Diversity                     | 6             | 2.9%           |
| Mental Health                           | 19            | 9.2%           |
| Addiction/ Substance Abuse              | 16            | 7.7%           |
| Chronic Diseases                        | 14            | 6.8%           |
| Obesity                                 | 11            | 5.3%           |
| Dental                                  | 9             | 4.3%           |
| Prevention and Education                | 7             | 3.4%           |
| Nutrition/Hunger                        | 6             | 2.9%           |
| Public Health                           | 6             | 2.9%           |
| Violence: Domestic and Child            | 5             | 2.4%           |
| Built Environment                       | 5             | 2.4%           |
| Prenatal Care                           | 4             | 1.9%           |
| Seniors                                 | 4             | 1.9%           |
| Early Childhood                         | 3             | 1.4%           |
| Childhood Mental Health                 | 2             | 1.0%           |
| STDs                                    | 2             | 1.0%           |
| Natural Environment                     | 2             | 1.0%           |
| Childhood Obesity and Physical Activity | 1             | 0.5%           |
| Tobacco                                 | 1             | 0.5%           |
| Autism                                  | 1             | 0.5%           |
| Disasters-Medical and Natural           | 1             | 0.5%           |
| Transgender Care                        | 1             | 0.5%           |
| HIV/AIDS                                | 1             | 0.5%           |
| Total                                   | 207           | 100.0%         |

**Appendix D**  
**Hospitals' Roles**

| <b>Issue</b>                                            | <b>Number</b> | <b>Percent</b> |
|---------------------------------------------------------|---------------|----------------|
| Partner with Community Organizations:\$, Services,Labor | 22            | 24.7%          |
| Advocate with Legislature, Elected Officials            | 9             | 10.1%          |
| Collaboration with other Health Systems                 | 9             | 10.1%          |
| Prevention Education                                    | 8             | 9.0%           |
| Health Access: Uncompensated Care                       | 8             | 9.0%           |
| Health Access: Affordability, Reduce Costs              | 5             | 5.6%           |
| Public/Private Sector Partnerships                      | 4             | 4.5%           |
| Mental Health                                           | 4             | 4.5%           |
| Employment Diversity                                    | 4             | 4.5%           |
| Culturally Appropriate/Competent Care                   | 4             | 4.5%           |
| Education: Health Workforce                             | 3             | 3.4%           |
| Conveners regarding Issues                              | 3             | 3.4%           |
| Be Accessible                                           | 3             | 3.4%           |
| Social Determinants                                     | 2             | 2.2%           |
| Dental                                                  | 1             | 1.1%           |
| Total                                                   | 89            | 100.0%         |

**Appendix E**  
**Needs/Issues Ranked by Priority**  
**Ranking Based on Criteria: Size, Seriousness, Change Potential, Capacity, Strategic Focus**

| Need/Issue                                                                                                                 | Criteria         | Rating<br>1 (low)<br>5 (high) | Total<br>Score |
|----------------------------------------------------------------------------------------------------------------------------|------------------|-------------------------------|----------------|
| Access: Coverage, Cost, Cultural Competency, Location, Availability, Primary Care Shortage, Medical Homes, Care Management | Size             | 5                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 4                             |                |
|                                                                                                                            | Capacity         | 5                             |                |
|                                                                                                                            | Strategic Focus  | 5                             | 24             |
|                                                                                                                            |                  |                               |                |
| Disparities/Equity/Racism: Disease Rates, Services, Workforce Diversity                                                    | Size             | 4                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 5                             |                |
|                                                                                                                            | Capacity         | 4                             |                |
|                                                                                                                            | Strategic Focus  | 5                             | 23             |
|                                                                                                                            |                  |                               |                |
| Health Literacy                                                                                                            | Size             | 4                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 5                             |                |
|                                                                                                                            | Capacity         | 4                             |                |
|                                                                                                                            | Strategic Focus  | 5                             | 23             |
|                                                                                                                            |                  |                               |                |
| Youth and Education                                                                                                        | Size             | 4                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 4                             |                |
|                                                                                                                            | Capacity         | 4                             |                |
|                                                                                                                            | Strategic Focus  | 5                             | 22             |
|                                                                                                                            |                  |                               |                |
| Chronic Disease and Obesity                                                                                                | Size             | 5                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 3                             |                |
|                                                                                                                            | Capacity         | 4                             |                |
|                                                                                                                            | Strategic Focus  | 4                             | 21             |
|                                                                                                                            |                  |                               |                |
| Mental Health                                                                                                              | Size             | 3                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 3                             |                |
|                                                                                                                            | Capacity         | 3                             |                |
|                                                                                                                            | Strategic Focus  | 5                             | 19             |
|                                                                                                                            |                  |                               |                |
| Prevention and Education                                                                                                   | Size             | 4                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 3                             |                |
|                                                                                                                            | Capacity         | 3                             |                |
|                                                                                                                            | Strategic Focus  | 4                             | 19             |
|                                                                                                                            |                  |                               |                |
| Early Childhood                                                                                                            | Size             | 3                             |                |
|                                                                                                                            | Seriousness      | 5                             |                |
|                                                                                                                            | Change Potential | 3                             |                |
|                                                                                                                            | Capacity         | 4                             |                |
|                                                                                                                            | Strategic Focus  | 4                             | 19             |
|                                                                                                                            |                  |                               |                |
| Childhood Obesity and Physical                                                                                             | Size             | 4                             |                |

|                              |                  |   |    |
|------------------------------|------------------|---|----|
| Activity                     | Seriousness      | 5 |    |
|                              | Change Potential | 3 |    |
|                              | Capacity         | 3 |    |
|                              | Strategic Focus  | 3 | 18 |
| Prenatal Care                | Size             | 2 |    |
|                              | Seriousness      | 5 |    |
|                              | Change Potential | 4 |    |
|                              | Capacity         | 3 |    |
|                              | Strategic Focus  | 4 | 18 |
| Public Health                | Size             | 4 |    |
|                              | Seriousness      | 4 |    |
|                              | Change Potential | 3 |    |
|                              | Capacity         | 2 |    |
|                              | Strategic Focus  | 2 | 15 |
| Violence: Domestic and Child | Size             | 3 |    |
|                              | Seriousness      | 5 |    |
|                              | Change Potential | 3 |    |
|                              | Capacity         | 2 |    |
|                              | Strategic Focus  | 2 | 15 |
| Addictions/Substance Abuse   | Size             | 4 |    |
|                              | Seriousness      | 4 |    |
|                              | Change Potential | 2 |    |
|                              | Capacity         | 2 |    |
|                              | Strategic Focus  | 2 | 14 |
| Seniors                      | Size             | 3 |    |
|                              | Seriousness      | 4 |    |
|                              | Change Potential | 3 |    |
|                              | Capacity         | 3 |    |
|                              | Strategic Focus  | 1 | 14 |
| Dental                       | Size             | 4 |    |
|                              | Seriousness      | 5 |    |
|                              | Change Potential | 2 |    |
|                              | Capacity         | 1 |    |
|                              | Strategic Focus  | 1 | 13 |
| Childhood Mental Health      | Size             | 2 |    |
|                              | Seriousness      | 4 |    |
|                              | Change Potential | 2 |    |
|                              | Capacity         | 2 |    |
|                              | Strategic Focus  | 2 | 12 |
| Nutrition/Hunger             | Size             | 3 |    |
|                              | Seriousness      | 4 |    |
|                              | Change Potential | 2 |    |
|                              | Capacity         | 2 |    |
|                              | Strategic Focus  | 1 | 12 |
| Tobacco                      | Size             | 2 |    |
|                              | Seriousness      | 4 |    |
|                              | Change Potential | 3 |    |

|                                |                  |   |    |
|--------------------------------|------------------|---|----|
|                                | Capacity         | 1 |    |
|                                | Strategic Focus  | 1 | 11 |
| Built Environment              | Size             | 3 |    |
|                                | Seriousness      | 4 |    |
|                                | Change Potential | 2 |    |
|                                | Capacity         | 1 |    |
|                                | Strategic Focus  | 1 | 11 |
| Natural Environment            | Size             | 4 |    |
|                                | Seriousness      | 3 |    |
|                                | Change Potential | 2 |    |
|                                | Capacity         | 1 |    |
|                                | Strategic Focus  | 1 | 11 |
| STDs and HIV/AIDs              | Size             | 3 |    |
|                                | Seriousness      | 4 |    |
|                                | Change Potential | 2 |    |
|                                | Capacity         | 1 |    |
|                                | Strategic Focus  | 1 | 11 |
| Disasters: Medical and Natural | Size             | 3 |    |
|                                | Seriousness      | 4 |    |
|                                | Change Potential | 2 |    |
|                                | Capacity         | 1 |    |
|                                | Strategic Focus  | 1 | 11 |
| Transgender Care               | Size             | 1 |    |
|                                | Seriousness      | 3 |    |
|                                | Change Potential | 2 |    |
|                                | Capacity         | 2 |    |
|                                | Strategic Focus  | 1 | 9  |
| Autism                         | Size             | 1 |    |
|                                | Seriousness      | 2 |    |
|                                | Change Potential | 1 |    |
|                                | Capacity         | 1 |    |
|                                | Strategic Focus  | 1 | 6  |

**Appendix F**  
**Community Needs Assessment**  
**65 Interviewees**

| <b>Name</b>                                              | <b>Organization</b>                                     | <b>Expertise</b>                                                                                        |
|----------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Venetta Abdellatif,<br>Director, Integrated Services     | Multnomah County Health<br>Department                   | Expertise in public health, disparities,<br>chronic diseases and FQHCs serving<br>medically underserved |
| Thomas D. Aschenbrener,<br>President/CEO                 | Northwest Health Foundation                             |                                                                                                         |
| Michael Balter,<br>Executive Director                    | Boys and Girls Aid Society                              | Expertise in serving low income                                                                         |
| Carolyn Becic,<br>Executive Director                     | Oregon Mentors                                          |                                                                                                         |
| Doreen Binder,<br>Executive Director                     | Transition Projects                                     | Expertise in serving low income                                                                         |
| Ed Blackburn,<br>Executive Director                      | Central City Concern                                    | Expertise in FQHC and comprehensive<br>services for homeless low income                                 |
| Sharon Brabenac,<br>Development Director                 | YWCA of Greater Portland                                | Expertise in domestic violence and<br>serving low income                                                |
| The Right Rev. David<br>Brauer-Rieke, Bishop             | Oregon Lutheran Synod<br>ELCA                           |                                                                                                         |
| Rachel Bristol,<br>Executive Director                    | Oregon Food Bank                                        | Expertise in serving low income                                                                         |
| Sam Brooks,<br>Former President                          | OAME                                                    | Expertise dedicated to communities of<br>color equity                                                   |
| Margaret Carter, Deputy<br>Director of Human Services    | Oregon Department of<br>Human Services                  | Expertise in working with low income<br>and communities of color                                        |
| Gale Castillo,<br>Executive Director                     | Hispanic Metropolitan<br>Chamber                        | Organization dedicated to Hispanic<br>community equity                                                  |
| Robin Christian,<br>Executive Director                   | Children First for Oregon                               | Expertise in disparities in socio-<br>economics, education, etc. for children                           |
| Jeff Cogen,<br>Chair                                     | Multnomah County                                        |                                                                                                         |
| Carlos Crespo, DrPh,<br>Director                         | Portland State University<br>School of Community Health | Academic researcher in social<br>determinants and communities of color<br>disparities                   |
| Marie Dahlstrom,<br>Executive Director                   | Familias en Accion                                      | Expertise in serving Hispanics and<br>chronic disease management                                        |
| Andy Davidson,<br>President/CEO                          | OAHS                                                    |                                                                                                         |
| Marty Davis, Publisher                                   | Just Out                                                | Expertise in LGBT population                                                                            |
| Chris DeMars,<br>Program Officer                         | NW Health Foundation                                    |                                                                                                         |
| Kevin Dowling,<br>Program Manager                        | CARES NW                                                | Expertise in child abuse                                                                                |
| Erin Fair, Policy Director                               | Care Oregon                                             | Expertise in serving low income                                                                         |
| Pietro Ferrari, Executive<br>Director                    | Hacienda                                                | Expertise in serving Hispanic<br>community                                                              |
| Jeana Frazzini,<br>Executive Director                    | Basic Rights Oregon                                     | Expertise in LGBT population needs                                                                      |
| Joanne Fuller,<br>Director, Human Services               | Multnomah County                                        | Expertise in urban county human<br>services and all operations                                          |
| Dr. Algi Gatewood,<br>President                          | Portland Community College,<br>Cascade Campus           | Expertise in inner city education for<br>communities of color                                           |
| Jill Ginsberg, MD, Medical<br>Director, Community Health | North by Northeast<br>Community Health Center           | Expertise in safety net clinic for low<br>income, chronic disease management                            |

| <b>Name</b>                                       | <b>Organization</b>                     | <b>Expertise</b>                                                       |
|---------------------------------------------------|-----------------------------------------|------------------------------------------------------------------------|
| Bruce Goldberg, MD, Director                      | Oregon Department of Human Services     | Expertise as head of Oregon public health and in medically underserved |
| Guadalupe Guajardo, Senior Consultant             | Nonprofit Association of Oregon         | Expertise in culturally competent training and consultation            |
| Mary Lou Hennrich, Executive Director             | Oregon Public Health Institute          | Expertise in public health                                             |
| Mardica Hicks, Executive Director                 | Children's Community Clinic             | Expertise in medically underserved children of color, chronic diseases |
| Tony Hopson, President/CEO                        | SEI                                     | Expertise in reducing disparities for African American families        |
| Rob Ingram, Coordinator, Office of Youth Violence | City of Portland                        | Expertise in working with young men in communities of color,           |
| Alissa Keny-Guyer<br>State Legislator             | House of Representatives                |                                                                        |
| Pastor Mark Knutson, Reverend                     | Augustana Lutheran Church               | Multi-cultural church--site for Hispanic community                     |
| Kali Ladd, Education Policy Advisor               | Mayor's Office City of Portland         | Expertise in educational equity for communities of color               |
| David Leslie, Executive Director                  | Ecumenical Ministries of Oregon         | Expertise in social justice for the disenfranchised                    |
| Holden Leung, Executive Director                  | Asian Health and Service Center         | Expertise in health and human services for Asian community             |
| Marc Levy, CEO/President                          | United Way of the Columbia Willamette   | Expertise in services for low income                                   |
| Adrienne Livingston, Executive Director           | Black United Fund                       | Expertise in decreasing disparities for communities of color           |
| Nichole Maher, Executive Director                 | Native American Youth and Family Center | Expertise in decreasing disparities for Native American community      |
| Sandra McDonough, President/CEO                   | Portland Business Alliance              |                                                                        |
| Charles McGee II, President/CEO                   | Black Parent Initiative                 | Expertise in to decreasing disparities for Black families              |
| Andrew McGough, Executive Director                | Worksystems Inc.                        | Expertise in serving low income young adults                           |
| Corliss McKeever, President/CEO                   | African American Health Coalition       | Expertise in reducing health disparities for African Americans         |
| Jeff Milberger, Clinic Director                   | NARA                                    | Expertise in FQHC for Native Americans, chronic diseases               |
| Mary Monat, Executive Director                    | LifeWorks NW                            | Expertise in mental health for medically underserved, low income       |
| Marcus Mundy, President/CEO                       | The Urban League of Portland            | Expertise in to decreasing disparities for African Americans           |
| Vicki Nakashima, Executive Director               | Partners in Diversity                   | Expertise in increasing equity for communities of color                |
| Linda Nilsen-Solares, Executive Director          | Project Access NOW                      | Expertise in health care access for low income medically underserved   |
| Preston Pulliams, District President              | Portland Community College              | Expertise in reducing education disparities                            |
| Carman Rubio, Executive Director                  | Latino Network                          | Expertise in reducing disparities for Hispanics                        |
| Dan Ryan, Executive Director                      | Portland Schools Foundation             | Expertise in increasing equity for all students                        |
| Rector Stephen Schneider, Rector                  | Grace Memorial Episcopal Church         | Expertise in social justice                                            |
| Kim Scott, Executive Director                     | Trillium Family Services                | Expertise in serving low income children and families                  |

| <b>Name</b>                              | <b>Organization</b>                                             | <b>Expertise</b>                                                                        |
|------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| Chip Shields,<br>Senator                 | Oregon State Senate                                             |                                                                                         |
| Lillian Shirley, Director                | Multnomah County Health Department                              | Expertise in public health and health disparities                                       |
| Lynn Thompson,<br>CEO                    | Big Brothers Big Sisters Columbia Northwest                     | Expertise in serving low income families                                                |
| Tricia Tillman,<br>Administrator         | Oregon Multicultural Health and Services                        | Expertise in reducing health disparities for communities of color                       |
| Joshua Todd,<br>Director                 | Multnomah County Commission on Children, Families and Community | Expertise in serving low income                                                         |
| Greg Van Pelt,<br>Chief Executive Oregon | Providence Health and Services Oregon Region                    |                                                                                         |
| Maree Wacker,<br>CEO                     | American Red Cross Oregon Trail Chapter                         |                                                                                         |
| Larry Wallace, DrPH,<br>Dean             | Portland State University College of Urban and Public Affairs   | Expertise as academic researcher in social determinants and disparities                 |
| Joyce White,<br>Executive Director       | Grantmakers of OR and SW WA                                     | Expertise in research regarding foundation funding disparities for communities of color |
| Wim Wievel, PhD,<br>President            | Portland State University                                       |                                                                                         |
| David Wynde,<br>Vice President           | US Bank                                                         | Expertise in increasing educational achievement, reducing racial and ethnic disparities |

## Legacy Emanuel Medical Center Implementation Strategies Plan

Needs/Issues listed in order of ranking from Community Needs Assessment Secondary Data and Interviews  
Appendix E. *Italics designate racial and ethnic community focus.*

| Action                                                                                                                                                                                                                                                                             | Impact                                                                                                                                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>NEED: Disparities, Equity, Institutional Racism, Workforce Diversity</b>                                                                                                                                                                                                        |                                                                                                                                                                                                                          |
| <i>Partnership, financial contribution and board membership with Native American Youth &amp; Family services. Host &amp; sponsor Native American Professional networking event.</i>                                                                                                | <i>Increases opportunities for Native Americans, including family stability, relationships and employment.</i>                                                                                                           |
| <i>Partnership and financial contribution to the Oregon Association of Minority Entrepreneurs.</i>                                                                                                                                                                                 | <i>-Increases entrepreneurship and economic stability within diverse communities, small business owners and women owned businesses<br/>-Increased Legacy's use of minority women emerging and small business</i>         |
| <i>Financial contribution and partnership with Partners in Diversity, as well as host a "Say Hey" event annually.</i>                                                                                                                                                              | <i>Help recruit, retain and support professionals of color in Oregon and SW Washington.</i>                                                                                                                              |
| <i>Offer the YES (Youth Employment in Summers) program (paid summer employment (\$4800) for African American students entering health care careers.</i>                                                                                                                            | <i>Increases the diversity of the health care workforce — four students annually.</i>                                                                                                                                    |
| <i>Legacy employment requires management positions and above to include interviewees of color; waiver required for positions not fulfilling this requirement.</i>                                                                                                                  | <i>Increases workforce diversity.</i>                                                                                                                                                                                    |
| <i>Participation in Legacy Health Diversity Advisory Council that focuses on strengthening our workforce diversity, supporting our diverse community and provide culturally competent care.</i>                                                                                    | <i>Increases workforce diversity, enhanced employee awareness of diversity, increased executive board representation within minority organizations and increased relationships with cultural specific organizations.</i> |
| <i>Financial contribution and partnership with the Hispanic Chamber.</i>                                                                                                                                                                                                           | <i>Provides a vital forum for the Hispanic business &amp; community to share ideas, concerns and successes to increase business opportunities, resources and networks.</i>                                               |
| <i>Partnership and ongoing relationship with African American Chamber of Commerce.</i>                                                                                                                                                                                             | <i>Enhances economic base, better capitalized businesses and equitable participation within the economic mainstream.</i>                                                                                                 |
| <i>Provide free office space, phones and internet and financial contribution to African American Health Coalition. AAHC offers cooking exercise classes, an annual wellness village and conference and partners with health providers to use culturally appropriate practices.</i> | <i>Reduces health disparities through health education, advocacy and research.</i>                                                                                                                                       |
| <b>NEED: Access to care—Charity Care, Coverage, Cost, Location, Availability, Primary Care Provider Access and Shortage, Medical Homes, Care Coordination and Cultural Competency.</b>                                                                                             |                                                                                                                                                                                                                          |
| <i>Health services for low income uninsured based on charity care financial policies, i.e., up to 400% of FPL.</i>                                                                                                                                                                 | <i>Access to care for those in need.</i>                                                                                                                                                                                 |
| <i>Financial, service and labor support to Project Access NOW which connects low income uninsured patients to providers at no charge.</i>                                                                                                                                          | <i>Increases quality and reduced morbidity and mortality for low-income uninsured through access to services at earlier stages.</i>                                                                                      |

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| <i>Financial and labor support to Worship in Pink, a program of the Komen Foundation to raise awareness about breast health screening to vulnerable populations.</i>                | <i>Partnering with faith organizations to provide training and increase breast health screenings among women of color.</i>                                                                                        |
| Exercise and support groups open to all cancer patients.                                                                                                                            | Improves the health and quality of life for cancer patients.                                                                                                                                                      |
| <i>Financial donation, board membership and host of The Urban League of Portland's health programming, including National Day of service "Let's Move" Day.</i>                      | <i>-Improves health, education and employment for African American Community.<br/>-Increase awareness about health disparities through hosting three community viewings of the Unnatural causes video series.</i> |
| <i>Partnership and financial contribution with the Native American Rehabilitation Association, including their FQHC.</i>                                                            | <i>Improves access to education, physical and mental health services and substance abuse treatment in culturally appropriate environment.</i>                                                                     |
| Offer Midwifery Clinic for low income women.                                                                                                                                        | Improves birth outcomes, reducing birth mortality and morbidity.                                                                                                                                                  |
| Contract with Central City Concern to provide housing and comprehensive services, including primary care, for homeless patients discharged from hospital.                           | Reduces morbidity, improves access to medical services and housing, employment and mental health/substance abuse services for the homeless.                                                                       |
| <b>NEED: Health Literacy</b>                                                                                                                                                        |                                                                                                                                                                                                                   |
| <i>Host, with Legacy Health--Oregon and SW Washington Health Literacy Conference.</i>                                                                                               | <i>Improves health outcomes and quality. Reduces racial and ethnic disparities.</i>                                                                                                                               |
| <i>Partner with local children's safety net clinic serving primarily African American and Hispanic children to improve health literacy communication with parents and children.</i> | <i>Improve health outcomes in children's safety net clinic.</i>                                                                                                                                                   |
| <b>NEED: Youth and Education</b>                                                                                                                                                    |                                                                                                                                                                                                                   |
| Financial support and partnership with the Portland Workforce Alliance.                                                                                                             | Provides real life work experiences for students while enriching their academic experience, encouraging all students to graduate.                                                                                 |
| Partnership with three local high schools.                                                                                                                                          | Increases familiarity with health care careers through clinical job shadows for students.                                                                                                                         |
| <i>Offer the YES (Youth Employment in Summers) program (paid summer employment (\$4800) for African American students entering health care careers.</i>                             | <i>Increases the diversity of the health care workforce — four students annually.</i>                                                                                                                             |
| <i>Financial support, board membership and partnership with Self Enhancement Inc.</i>                                                                                               | <i>Culturally appropriate environment closes the achievement gap through family support services and academic programs.</i>                                                                                       |
| Financial support to All Hands Raise (previously known as Portland School Foundation).                                                                                              | Increases education achievement for all students.                                                                                                                                                                 |
| <i>Financial donation, board membership and partnership with the Native American Youth &amp; Family Services.</i>                                                                   | <i>Improves family and youth education, employment, reduction of poverty and quality of life through culturally specific services.</i>                                                                            |
| Hold annual Back to School Drive for local school children.                                                                                                                         | Increases access to school items for local low income children.                                                                                                                                                   |
| Financial support to REAP dedicated to education achievement for African American and other students of color.                                                                      | Increase education achievement for students of color.                                                                                                                                                             |
| <b>NEED: Chronic Disease and Obesity</b>                                                                                                                                            |                                                                                                                                                                                                                   |
| Participate in and sponsor Pacific NW Diabetes week.                                                                                                                                | <i>-Increases awareness through education and resources to the community about diabetes prevention and services.<br/>-Encourages healthy eating by providing a healthy eating</i>                                 |

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|                                                                                                                                                                                       | demonstration and talk at the Lloyd Center mall.                                                                                                                                                                                                                                     |
| <i>Ongoing partnership with the African American Health Coalition, providing free office space, phones and internet as well as financial donation.</i>                                | <i>-Increases the health and wellness of African Americans through health education, advocacy and research</i><br><i>-Provides “spice it up” healthy cooking classes for the community.</i><br><i>-Holds health education, material and classes at annual wellness village fair.</i> |
| Weight loss incentives for employees (ongoing Weight Watchers Classes, reimbursement for cost of weight-loss, discounts for fitness club membership, etc.).                           | Reduced chronic disease rates for employees and families.                                                                                                                                                                                                                            |
| <b>NEED: Mental Health</b>                                                                                                                                                            |                                                                                                                                                                                                                                                                                      |
| Participation in local business leaders’ organization working on improving police and mental health coordination in response to mental health calls to 911 and police.                | Improve care and quality of services to people with mental health issues.                                                                                                                                                                                                            |
| Financial support to local NAMI—National Association for the Mentally Ill.                                                                                                            | Increased education and awareness about mental illness.                                                                                                                                                                                                                              |
| Through Caremark joint partnership, participation in local Brazelon Project with mental health providers to develop improved mental health coordination of services to mentally ill.  | Improved coordination of care for the mentally ill.                                                                                                                                                                                                                                  |
| <b>NEED: Prevention and Education</b>                                                                                                                                                 |                                                                                                                                                                                                                                                                                      |
| Trauma Nurses Talk Tough provides bike, skateboard, ski and snowboard helmets sold for \$5. Helmets provided to low income children served by human service organizations at no cost. | Reduces traumatic injuries among children at all income levels. 9,800 helmets sold annually across the metro Portland area.                                                                                                                                                          |
| Offer Teen Cardiac Health Screenings at minimal cost.                                                                                                                                 | Reduces mortality of undiagnosed heart conditions among teens, such as hypertrophic cardio-myopathy, the most common cause of sudden death in athletes.. Over 300 teens screened annually.                                                                                           |
| Offer child safety store and resource center program for the public.                                                                                                                  | -Reduces childhood preventable falls through hands-on practice and one-on-one injury prevention education.<br>-Improves water and toy safety through information and education.                                                                                                      |
| Offer free inspection and correct installation of child passenger safety seats throughout community.                                                                                  | When car seats are installed correctly they are 70% effective in reducing fatalities and hospitalization for children.                                                                                                                                                               |
| Provide land at no charge for a community cooperative garden on hospital campus.                                                                                                      | -Increases urban access for community members to availability of fresh fruits and vegetables either through growing themselves or volunteering in turn for organic and fresh produce.                                                                                                |
| Provide injury prevention programs to school age youth.                                                                                                                               | Reduces car and other mobile injuries among youth. 36,000 students hear presentations annually.                                                                                                                                                                                      |
| Partner with courts and community programs to conduct burn injury prevention classes for teens at risk of lighting fires.                                                             | Reduces mortality and morbidity due to youth lighting fires.                                                                                                                                                                                                                         |
| Conduct burn injury programs for utility workers across the state.                                                                                                                    | Reduces mortality and morbidity due to electrical injuries.                                                                                                                                                                                                                          |
| Legacy Devers Eye Institute provides free glaucoma and eye disease screenings at public events.                                                                                       | Detects glaucoma at early stages, particularly for high risk populations.                                                                                                                                                                                                            |
| Participate in numerous local community                                                                                                                                               | Encourages healthy behaviors by providing information                                                                                                                                                                                                                                |

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| health fairs.                                                                                                                                                                                                    | about service and free classes and providing free health resources and screenings.                                                      |
| <b>NEED: Early Childhood</b>                                                                                                                                                                                     |                                                                                                                                         |
| Offer child safety store and resource center program for the public. Hands-on practice, information and one-on-one injury prevention education. See Prevention and Education.                                    | Reduces childhood preventable falls and increases water and toy safety.                                                                 |
| Offer free inspection and correct installation of child passenger safety seats throughout community. See Prevention and Education.                                                                               | When car seats are installed correctly they are 70% effective in reducing fatalities and hospitalization for children.                  |
| Provide shaken baby education and volunteer knitted purple hats to babies to raise awareness about newborn babies' susceptibility to brain injury.                                                               | Prevents brain injury among newborns and babies.                                                                                        |
| <b>NEED: Childhood Obesity &amp; Physical Activity</b>                                                                                                                                                           |                                                                                                                                         |
| Offer Randall Children's Hospital at Legacy Emanuel Healthy Kids' Fair—healthy activities, education and resources.                                                                                              | Increases awareness about healthy lifestyles, physical activity and safety for children.                                                |
| Sponsor and partner with the Lloyd Center mall to create "Legacy Funland" - a health focused play area.                                                                                                          | Improves physical activity through providing children a safe place to play.                                                             |
| Financial support to Juvenile Diabetes and Research Foundation.                                                                                                                                                  | Reduces juvenile diabetes and its impact.                                                                                               |
| <b>NEED: Prenatal Care</b>                                                                                                                                                                                       |                                                                                                                                         |
| Midwifery Clinic partners with March of Dimes to offer "Centering Pregnancy" program—ten two hour small group sessions for at-risk pregnant women.                                                               | Increases healthy birth outcomes, i.e., reduced prematurity, improved patient knowledge and satisfaction, and reduced emergency visits. |
| <i>Midwifery Clinic provides care for low income women. See Access to Care.</i>                                                                                                                                  | Improved birth outcomes for low income women.                                                                                           |
| <b>NEED: Public Health</b>                                                                                                                                                                                       |                                                                                                                                         |
| Limited resources prevent addressing as priority need.                                                                                                                                                           |                                                                                                                                         |
| <b>NEED: Violence - Domestic and Child</b>                                                                                                                                                                       |                                                                                                                                         |
| Host CARES NW which evaluates and cares for children suspected of child abuse. Collaborators: Providence Health and Services, Kaiser Permanente and Courts.                                                      | Reduces the trauma associated with child abuse.                                                                                         |
| Provide shaken baby education and volunteer knitted purple hats to babies to raise awareness about newborn babies' susceptibility to brain injury. See Early Childhood.                                          | Reduces brain injury among newborns and babies.                                                                                         |
| <b>NEED: Addiction/Substance Abuse</b>                                                                                                                                                                           |                                                                                                                                         |
| <i>Relationship &amp; financial contribution with Native American Rehabilitation Association—culturally appropriate education and outpatient &amp; inpatient substance abuse treatment for Native Americans.</i> | <i>Reduces mortality and morbidity associated with addictions and substance abuse among Native Americans.</i>                           |
| Partnership and financial support to Oregon Impact which provides community education, prevention and awareness activities to stop individuals from driving under the influence of intoxicants.                  | Reduces mortality and morbidity resulting from vehicles and substance abuse.                                                            |

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| <b>NEED: Seniors</b>                                                                                                                                                           |                                                                                                                                                              |
| Financial donation to Martin Luther King Loaves and Fishes site.                                                                                                               | Improves nutrition and social access for local seniors, primarily African American.                                                                          |
| Hospital volunteer services enables seniors to care for patients and families.                                                                                                 | Increases sociability, mental agility and sense of worth for older adults and reduces probability of illness.                                                |
| <b>NEED: Dental</b>                                                                                                                                                            |                                                                                                                                                              |
| Limited resources prevent addressing as a priority need.                                                                                                                       |                                                                                                                                                              |
| <b>NEED: Childhood Mental Health</b>                                                                                                                                           |                                                                                                                                                              |
| Offer Inpatient Adolescent Psychiatry Services.                                                                                                                                | Improves access for adolescents in need of acute mental health services.                                                                                     |
| <b>NEED: Nutrition/Hunger</b>                                                                                                                                                  |                                                                                                                                                              |
| Host summer 2x weekly Farmers Markets at the hospital.                                                                                                                         | Increases access to local, healthy food for employees, patients and the community.                                                                           |
| Hold annual hospital staff food drive for the NE Emergency Food program serving local low income community.                                                                    | Improved nutrition and reduction in hunger through collection of over 4,000 pounds of food.                                                                  |
| Provide land at no charge for a community cooperative garden on hospital campus.                                                                                               | Increases urban access for community to fresh fruits and vegetables either through growing themselves or volunteering in turn for organic and fresh produce. |
| <b>NEED: Tobacco</b>                                                                                                                                                           |                                                                                                                                                              |
| Hospital campus is tobacco-free.                                                                                                                                               | Increases public awareness regarding risks of tobacco use and reduction in tobacco-related diseases from limited access.                                     |
| <b>NEED: Built Environment</b>                                                                                                                                                 |                                                                                                                                                              |
| Provide car seat safety program which inspects and installs car seats correctly and disposes of car seats in environmentally friendly manner.                                  | Recycles used/outdated car safety seats and dispose of the materials in an environmentally correct manner.                                                   |
| Provide land at no charge for a community cooperative garden on hospital campus. See Nutrition and Hunger.                                                                     | Increases urban access for community to fresh fruits and vegetables either through growing themselves or volunteering in turn for organic and fresh produce. |
| Offer office space and phones to three nonprofit organizations on campus at no charge, i.e., African American Health Coalition, Lutheran Synod and NW Parish Nurse Ministries. | Enables nonprofits to focus their missions.                                                                                                                  |
| On-site "Green Team" reviews issues of sustainability on a monthly basis.                                                                                                      | Improves awareness and increased opportunities for "green" initiatives on campus.                                                                            |
| Food, equipment and supplies and sustainability practices implemented.                                                                                                         | Reduces green-house emissions.                                                                                                                               |
| Offer conference rooms available to public sector and nonprofit organizations at no charge.                                                                                    | Reduces need for additional community event space and enables nonprofits to focus on missions.                                                               |
| Hold 2x weekly summer Farmers Market on-site.                                                                                                                                  | Local, healthy food available to employees, patients and public.                                                                                             |
| Offer Hospital Healing Gardens at two locations within hospital.                                                                                                               | Provides a healing green space for employees, patients, family members and community.                                                                        |
| <b>NEED: Natural Environment</b>                                                                                                                                               |                                                                                                                                                              |
| Limited resources prevent addressing as priority need.                                                                                                                         |                                                                                                                                                              |
| <b>NEED: STDS and HIV/AIDS</b>                                                                                                                                                 |                                                                                                                                                              |
| Limited resources prevent addressing as priority need.                                                                                                                         |                                                                                                                                                              |
| <b>NEED: Disasters—Medical and Natural</b>                                                                                                                                     |                                                                                                                                                              |
| Participation in regional disaster preparedness.                                                                                                                               | Improved community's ability to contend with natural disasters.                                                                                              |

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| <b>NEED: Transgender Care</b>                          |
| Limited resources prevent addressing as priority need. |
| <b>NEED: Autism</b>                                    |
| Limited resources prevent addressing as priority need. |

